SOUTHSIDE SENIOR CENTER    DECEMBER 2024

10080 Beach Blvd ~ Jacksonville, FL 32246 Specialist: Kima Morales/Charles Webster Phone: 904-255-6940 Monday – Friday ~ 8 a.m. to 5 p.m.

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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Walking for Health 8 a.m. Games-Puzzle 8 a.m. Chair Exercise (V) 9 a.m. Canasta 8:30 a.m. Spanish Bible Study 9:30 a.m. Spanish Class 10:30 a.m. Bingo 11 a.m. Chair Exercise 1 p.m.Chair Volleyball 1 p.m. Knitting/Crocheting 1 p.m. | Walking for Health 8 a.m. Puzzle / Games 8 a.m. Chair Exercise (V) 9 a.m. Jazzco Line Dance 10 a.m. Chair Exercise 1 p.m.Cards and Games 1 p.m.Mahjong 1 p.m. | Walking for Health 8 a.m. Games - Puzzle 8 a.m. Chair Exercise (V) 9 a.m. Ukulele/Singalong 11 a.m.Chair Exercise 1 p.m.Chair Volleyball 1 p.m.Art Class has been cancelledat Angelo’s request.**TABLES REMAIN AVAILABLE** **FOR INDIVIDUAL ARTISTS** | Walking for Health 8 a.m. Puzzle - Games 8 a.m. Chair Exercise (V) 9 a.m. Canasta 8:30 a.m. Chair Exercise 1 p.m. | Walking for Health 8 a.m. Games - Puzzle 8 a.m. Chair Exercise (V) 9 a.m. Bible Study 10 a.m. Tai Chi w/Kathleen 10 a.m. Spanish Class 10:30 a.m. Bingo 11 a.m.Chair Exercise 1 p.m.Chair Volleyball 1 p.m.V - Video |
| **AVAILABLE DAILY:** Adult Coloring, Computer Lab, Exercises, Games, Hiking, Puzzles, and so much more. **BREAKFAST: 9 a.m. LUNCH: 12** **p.m.** |
| 2Windy Hill Neighborhood Association meeting 6 p.m. (Kima) | 3**FIELD TRIP:** Mandarin Holiday Craft and Gift Event.10 a.m.**MUSIC:** Gil/Arturo 12 p.m. | 4**30 Mins of Mindful Meditation w/Kima 10 a.m.** | 5NW Behavioral Health 10 a.m.**FIELD TRIP:** Holiday Shopping Spree at Town Center 10 a.m. | 6**Saturday \*\*See Note Below\*\*** |
| 9 | 10**FIELD TRIP:** Walmart/Beall’s 10 a.m.Covid Test Kit – Distributed Today  | 11 **CENTER CLOSES AT 2p.m.****GET ON THE SCHEDULE**Seniors on a Mission 9 a.m. **30 Mins of Mindful Meditation w/Kima 10 a.m.** | 12FL Blue Presents “Resilience During the Holiday” 10 a.m. | 13 |
| 16 | 17 | 18**30 Mins of Mindful Meditation w/Kima 10 a.m.****FIELD TRIP:** Sprouts/Shipley Do-Nuts 10 a.m. | 19**Reindeer Games** **Presented by the** **Health and Wellness Committee** **Mary Singleton Center** **10:00 am-12:00 pm.**  | 20Holiday Celebration 10 a.m. |
| 23 | 24 CENTER CLOSED IN OBSERVANCE OF CHRISTMAS EVE | 25 CENTER CLOSED IN OBSERVANCE OF CHRISTMASHanukkah Begins | 26  KWANZAA Begins | 27December Birthday Celebration |
| 30 | 31 New Year’s Eve | CENTER CLOSEDHAPPY NEW YEARS! | **COMING NEXT MONTH**January 16, 2025Nettie Sams with Smart Cremation / Discussion and Education | **\*\* Holiday Festival \*\*****Prime Osborn 1~4****Saturday December 7th****Must purchase tickets** **in advance. $10pp****Contact the Senior Center for more information** |