

SOUTHSIDE SENIOR CENTER

JULY 2024

10080 Beach Blvd ~ Jacksonville, FL 32246

Specialist: Charles Webster

Phone: 904-255-6940

Monday – Friday ~ 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Walking for Health 8a.m. Games-Puzzle 8 a.m. Chair Exercise (V) 9 a.m. Canasta 9 a.m. Spanish Bible Study 9:30 a.m. Bingo 11 a.m. Chair Volleyball 1 p.m. History Bytes w/Tony 1 p.m. Knitting/Crocheting 1p.m.	Walking for Health 8 a.m. Puzzle - Games 8 a.m. Chair Exercise (V) 9 a.m. Jazzco Line Dance 10 a.m. Tai Chi w/Kathleen 10 a.m. Cards and Games 1 p.m.	Walking for Health 8 a.m. Games - Puzzle 8 a.m. Chair Exercise (V) 9 a.m. Painting with Angelo 1 p.m. Ukulele/Singalong 11 a.m.	Walking for Health 8 a.m. Puzzle - Games 8 a.m. Chair Exercise (V) 9 a.m. Canasta 9:20 a.m. Civil War History w/Charlie 1p.m.	Walking for Health 8 a.m. Games - Puzzle 8 a.m. Chair Exercise (V) 9 a.m. Bible Study 10 a.m. Tai Chi w/Kathleen 10 a.m. Spanish Class 10:30 a.m. Bingo 11 a.m. Chair Volleyball 1 p.m. (V)=Video
AVAILABLE DAILY: Puzzles, Games, Exercises, Card Games, Computer Lab, and more.		BREAKFAST: 9 a.m. T-W-TH		LUNCH: 12 p.m. M-F
1	2 DJ Tim 12 p.m.	3 Field Trip: Walmart on Atlantic 10 a.m. MOVIE: Guess Who's Coming to Dinner 10 a.m. CONCERT-Singalong: Gilberto 12 p.m.	4 CENTER IS CLOSED In Observance of Independence Day	5 Tai Chi w/Kathleen 10 a.m.
8	9 DJ Tim 12 p.m. DJ Tim's Dance Party (w/requests) 1 p.m.	10 Field Trip: Hope's Closet Thrift Shop 10 a.m.	11 FLORIDA BLUE: Mental Wellbeing w/ Diana Trivia 11 a.m.	12 Tai Chi w/Kathleen 10 a.m. Nature Walk w/Jolie 10 a.m.
15	16 DJ	17 MOVIE: Gone with the Wind (1) 10 a.m.	18 MOVIE: Gone with the Wind (2) 10 a.m.	19 Tai Chi w/Kathleen 10 a.m.
22	23	24 Field Trip: Publix/Shrimp Shack 10 a.m.	25 CONCERT: Donna Frost 11 a.m.	26 Tai Chi w/Kathleen 10 a.m.
29 Retired Senior Volunteer Program presentation w/Kathryn 10 a.m.	30	31 FIELD TRIP: Avenues Mall 10 a.m.		

COMING NEXT MONTH at the MOVIES: Sgt. Rutledge and Kelly's Heroes