OCEANWAY SENIOR CENTER MARCH 2025

12215 W. Sago Avenue ~ Jacksonville, FL 32218 ~ (904) 255-6855 Donna Sizemore Monday – Friday ~ 8 a.m. to 5 p.m.

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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Puzzle Variety 8:00 a.m.  Bingo 9:15 a.m.  Walking 9:30 a.m.  Card Games 12:30 p.m. | Puzzle Variety 8:00 a.m.  Bingo 9:15 a.m.  Breakfast 9:00 a.m.  Walking 9:30 a.m.  Card Games 12:30 p.m. | Puzzle Variety 8:00 a.m.  Breakfast 9:00 a.m.  Card Games 9 a.m.  Bible Study 10 a.m.  Chair Volleyball 11 a.m. Puzzle Variety 1 p.m. | Puzzle Variety 8:00 a.m.  Breakfast 9:00 a.m.  Bingo 9:15 a.m.  Walking 9:30 a.m.  Educational Material 11:00 a.m.  Card Games 1 p.m. | Puzzle Variety 8:00 a.m.  Bingo 9:15 a.m.  Walking 9:30 a.m.  Card Games 1 p.m. |
| **AVAILABLE DAILY:** Wii Bowling, Card Games, Games, Billiards, Computers, Walking in the Park, Jigsaw Puzzles, Hidden Picture, Word Puzzles, Fishing, Board Games, Adult Coloring  **LUNCH: 12 p.m.** | | | | |
| 3  Nettie Sams  w/Smart Cremations 11 a.m. | 4  **FIELD TRIP**  Carvill Senior Center Super Bingo!  Hotdog/chips/drink $6.00.  Bus leaves 9:30 a.m.  Mardi Gras Recognition | 5  **“Read the Food Label”**  **w/Dietician Sharon Luther 10:15 a.m.**    Line Dance 11 a.m. | 6  **FIELD TRIP**  Harvey’s GroceryStore 10:30 a.m. | 7  Northwest Behavioral Group  with Katura 10:30 a.m. |
| 10  University of Florida  Pharmacy Students  Medical Reconciliation Clinic  9-11 a.m. | 11  Rock Painting with Alice 10 a.m.  Site Council Meeting  10:30 a.m. | 12  **FIELD TRIP**  Bridge the Gap.  Bring a reuseable or insulated bag. Bus leaves at 9:15 a.m.  Line Dance 11 a.m. | 13  **FIELD TRIP**  Aldi’s Grocery Store 10:30 a.m.  Participants Meeting Noon | 14  Northwest Behavioral Group  with Katura 10:30 a.m. |
| 17  Tai Chi w/Charles Macabasco of Conviva / Rob of CarePlus  10:30 a.m. | 18  **FIELD TRIP**  Andy’s AtticThrift Store  10:30 a.m.  Cake Raffle 12 p.m.  See Site Council for Tickets! | 19  **FIELD TRIP**  **J**EA Senior Day  Interactive Presenters/Resources  Bus Leaves at 9:30 a.m.  Line Dance 11 a.m. | 20  Bingo w/Guest ~ Carville Center 10:45  Site Council Fund Raiser  Hotdog/Chips/Drink for $6.00 | 21  Northwest Behavioral Group  with Katura 10:30 a.m. |
| 24  Organ Donor Presentation w/Jessica Scheidler Grossberg  of Life Quest  11 a.m. | 25  **FIELD TRIP**  JuniorsRestaurant 10:30 a.m. | 26  **FIELD TRIP**  Flea Market  Singleton Sr. Center  Bus Leaves 9:30 a.m.  Line Dance 11 a.m. | 27  Fun and Games with Samara University of Florida Extension Office 10:30 a.m**.** | 28  **Walk for Senior Wellness**  **Friendship Fountain**  **11 a.m. – 1 p.m.**  **Registration Required**  NW Behavioral Group 10:30 a.m.  \*\*Birthday Celebration 12 p.m.\*\* |
| 31 Angela Counts-Curry  Foot Care and You 10:30 a.m. |  |  |  |  |