MAXVILLE SENIOR CENTER    MARCH 2025

18065 Pennsylvania Avenue ~ Jacksonville, FL 32234 ~ (904) 255-6740 Specialist: Addisaia Reynolds Monday – Friday ~ 8 a.m. to 5 p.m.

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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Scrabble 10 a.m. & 1 p.m.Group Coloring for MentalHealth 10 a.m. & 1 p.m. | Scrabble 10 a.m. & 1 p.m. Group Coloring for Mental Health 10 a.m. & 1 p.m. | Scrabble 10 a.m. & 1 p.m. Group Coloring for Mental Health10 a.m. & 1 p.m. Weight & BMI 10:30 a.m.Bingo 12:45 p.m. | Scrabble 10 a.m. & 1 p.m. Group Coloring for Mental Health 10 a.m. & 1 p.m. | Scrabble 10 a.m. & 1 p.m.Group Coloring for Mental Health 10 a.m. & 1 p.m. |
| **AVAILABLE DAILY:** Puzzles, Dominoes, Pool, Board Games, Health Literature, Current Events, Computer, Shuffleboard, Wii, Exercise, Skip Bo, Chair Volleyball,Ring Toss, UNO & Phase 10, Yahtzee **LUNCH:** 12 p.m. |
| 3**Nutritional Education** w/Dietician Sharon Lutheran12 p.m. | 4**Field Trip**Everybody’s & Dollar General10:00 a.m. | **5**Center Meeting 10:30 a.m.Trivia 11 a.m. | 6Chair Exercise 10 a.m.Site Council Meeting 11 a.m. | **7**Coffee/Tea & Chit-Chat 10 a.m. |
| 10Chair Exercise 10 a.m.  | 11Journal Discussion 10 a.m.  | 12Trivia 11 a.m. | 13**Field Trip**Dairy Queen & Ace Hardware10:00 a.m. | 14Pool Table Friday – All Day |
| 17**St. Patrick's Day Wear Green!!!**Earth Sounds & Meditation 10:30 a.m. | 18**Field Trip**Trent's Seafood 10:00 a.m. | 19**Field Trip** Leroy Clemons 10:00 a.m.Trivia / GamesHotdogs & Chips | 20Chair Exercise 10 a.m.  | 21Puzzle Race 10 a.m. |
| 24History Activity 10 a.m.  | 25**Get Up and** **Move** with Diane 10:00 a.m.Center Picnic 12 p.m. | 26Trivia 11 a.m. | 27**Field Trip**6th St. Steakhouse & Beall’s10:00 a.m. | 28**Walk for Senior Wellness****Friendship Fountain****11 a.m. – 1 p.m.** **Registration Required** |
| 31Chair Exercise 10 a.m. |  |  |  |  |