MARY L. SINGLETON SENIOR CENTER MARCH 2025

150 E. 1st St. ~ Jacksonville, FL 32206 ~ (904) 255-6666 Specialist: Martinique Glover /Joana Ching Monday – Friday ~ 8 a.m. to 5 p.m.

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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Ceramics Painting 8:00 a.m.BINGO 9-11:30 a.m.Bible Study 10 a.m.Line Dancing 10 a.m.Computer Class: Make Your Own Word Search Puzzle 11 a.m.Line Dancing 1 p.m.Sewing Class 1-4 p.m. | Ceramics Painting 8:00 a.m.**Breakfast 9 a.m.**BINGO 9-10:00 a.m. Exercise Class 10:00 a.m.Memory Games and Reading Group 10 a.m.Chair Volleyball 11 a.m. | Ceramics Painting 8:00 a.m.**Breakfast 9 a.m.**BINGO 9-11:30 a.m.Bible Study 10 a.m.Line Dancing 10 a.m. Line Dancing 1 p.m. Sewing Class 1-4 p.m. | Ceramics Painting 8:00 a.m.**Breakfast 9 a.m.**BINGO 9-11:30 a.m.Memory Games and Reading Group 10 a.m.  Crocheting Group 1 p.m.Games & Dancing 5 p.m. | Ceramics Painting 8:00 a.m.BINGO 9-11:30 a.m.Movie in Auditorium 9:30 a.m.Artful Seniors – Pencil Sketching 11 a.m. |
| **AVAILABLE DAILY:** Bingo, Billiards, & Card Games **Clothes Closet:** Monday ~ Friday 9 a.m. ~ 11:30 a.m. **LUNCH:** 12:00 p.m. |
| 3Site Council Meeting 10:00 a.m. - 11:00 a.m. | 4**Tai Chi w/Charles****Hosted by Care Plus and Conviva 10:00 a.m.**Site Council’s Trip to Sam’s Club 10:00 a.m.  | 5Site Council’s Trip to Roses 10:00 a.m.**Hot Dog and Sausage Fundraising by Site Council 11:30 a.m.** | 6**FIELD TRIP:** Wal-Mart 10:00 a.m.**Mardi Gras Ball****Crowning of King & Queen****6 p.m. - 8 p.m.** | 7Popcorn and Movie 10 a.m.Fundraising by Site Council9:30 a.m.  |
| 10Boiled Peanuts Fundraising by Site Council 10:00 a.m.**CM Spring Fling Presentation and Invitation by the District 9 Offices 11:45 a.m.** Participants Meeting10:00 a.m. - 10:30 a.m. | 11De-stress Meditation Group 10:00 a.m. (No Memory Games / Reading)  | 12**FIELD TRIP:** Bridge the Gap for Commodities Bus Leaving 9:30 a.m.  | 13**FIELD TRIP:** Senior Walking Series Kingsley Plantation | 14Encompass Health“How to Stay Safe at Home”10:30 a.m. |
| 17**St. Patrick's Day! Wear Green!****Pitfalls of Fraud and Identity Theft Prevention Presentation with David of VyStar 10 a.m.** | 18**FIELD TRIP:** Fresh Fields Farm Market10:00 a.m.Nutritional Education w/Dietician Sharon 1 p.m.  | 19Northwest Behavioral Health Workshop with Charles10 a.m. - 11:30 a.m. | 20**FIELD TRIP**Pool TournamentJ.S. Johnson Senior Center10:30 a.m. | 21**Trip to Lane Wiley** **Spring Fling w/Councilwoman Tyrona Clark-Murray** **of District 9** **11 a.m. - 1 p.m.** |
| 24 | 25Get Up and Move 10:30 a.m. | 26**Mary Singleton Flea Market****10 a.m.-1p.m.** | 27**FIELD TRIP:** Golden Corral 10:00 a.m. | 28**Walk for Senior Wellness****Friendship Fountain****11 a.m. – 1 p.m.** **Registration Required** March Birthday Celebration 10 a.m. |
| 31 |  |  |  |  |