MARY L. SINGLETON SENIOR CENTER MARCH 2025

150 E. 1st St. ~ Jacksonville, FL 32206 ~ (904) 255-6666 Specialist: Martinique Glover /Joana Ching Monday – Friday ~ 8 a.m. to 5 p.m.

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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Ceramics Painting 8:00 a.m.  BINGO 9-11:30 a.m.  Bible Study 10 a.m.  Line Dancing 10 a.m.  Computer Class: Make Your Own Word Search Puzzle 11 a.m.  Line Dancing 1 p.m.  Sewing Class 1-4 p.m. | Ceramics Painting 8:00 a.m.  **Breakfast 9 a.m.**  BINGO 9-10:00 a.m.  Exercise Class 10:00 a.m.  Memory Games and Reading Group 10 a.m.  Chair Volleyball 11 a.m. | Ceramics Painting 8:00 a.m.  **Breakfast 9 a.m.**  BINGO 9-11:30 a.m.  Bible Study 10 a.m.  Line Dancing 10 a.m.  Line Dancing 1 p.m.  Sewing Class 1-4 p.m. | Ceramics Painting 8:00 a.m.  **Breakfast 9 a.m.**  BINGO 9-11:30 a.m.  Memory Games and Reading Group 10 a.m.    Crocheting Group 1 p.m.  Games & Dancing 5 p.m. | Ceramics Painting 8:00 a.m.  BINGO 9-11:30 a.m.  Movie in Auditorium 9:30 a.m.  Artful Seniors – Pencil Sketching 11 a.m. |
| **AVAILABLE DAILY:** Bingo, Billiards, & Card Games **Clothes Closet:** Monday ~ Friday 9 a.m. ~ 11:30 a.m. **LUNCH:** 12:00 p.m. | | | | |
| 3  Site Council Meeting  10:00 a.m. - 11:00 a.m. | 4  **Tai Chi w/Charles**  **Hosted by Care Plus and Conviva 10:00 a.m.**  Site Council’s Trip to Sam’s Club 10:00 a.m. | 5  Site Council’s Trip to Roses 10:00 a.m.  **Hot Dog and Sausage Fundraising by Site Council 11:30 a.m.** | 6  **FIELD TRIP:**  Wal-Mart 10:00 a.m.  **Mardi Gras Ball**  **Crowning of King & Queen**  **6 p.m. - 8 p.m.** | 7  Popcorn and Movie 10 a.m.  Fundraising by Site Council  9:30 a.m. |
| 10  Boiled Peanuts Fundraising by Site Council 10:00 a.m.  **CM Spring Fling Presentation and Invitation by the District 9 Offices 11:45 a.m.**  Participants Meeting  10:00 a.m. - 10:30 a.m. | 11  De-stress Meditation Group  10:00 a.m.  (No Memory Games / Reading) | 12  **FIELD TRIP:**  Bridge the Gap for Commodities  Bus Leaving 9:30 a.m. | 13  **FIELD TRIP:**  Senior Walking Series  Kingsley Plantation | 14  Encompass Health  “How to Stay Safe at Home”  10:30 a.m. |
| 17  **St. Patrick's Day! Wear Green!**  **Pitfalls of Fraud and Identity Theft Prevention Presentation with David of VyStar 10 a.m.** | 18  **FIELD TRIP:**  Fresh Fields Farm Market  10:00 a.m.  Nutritional Education w/Dietician Sharon 1 p.m. | 19  Northwest Behavioral Health Workshop with Charles  10 a.m. - 11:30 a.m. | 20  **FIELD TRIP**  Pool Tournament  J.S. Johnson Senior Center  10:30 a.m. | 21  **Trip to Lane Wiley**  **Spring Fling w/Councilwoman Tyrona Clark-Murray**  **of District 9**  **11 a.m. - 1 p.m.** |
| 24 | 25  Get Up and Move 10:30 a.m. | 26  **Mary Singleton Flea Market**  **10 a.m.-1p.m.** | 27  **FIELD TRIP:**  Golden Corral 10:00 a.m. | 28  **Walk for Senior Wellness**  **Friendship Fountain**  **11 a.m. – 1 p.m.**  **Registration Required**  March Birthday Celebration 10 a.m. |
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