

JUNE 2024

Monday	Tuesday	Wednesday	Thursday	Friday
3 Cheesy Meat Casserole Green Beans Glazed Carrots Dinner Roll Fruit Cup	4 BBQ Rib Patty Whipped Potatoes Garden Vegetable Blend Dinner Roll Fruit Cup	5 Smothered Meatballs Parslied Rice Green Peas Wheat Bread Fresh Fruit	6 Chicken Noodle Casserole Mixed Vegetables Brussels Sprouts Dinner Roll Fresh Fruit	7 Hamburger Patty Baked Pinto Beans Sliced Tomato Lettuce Hamburger Bun Mixed Fruit Cup
10 Meatloaf/Tomato Gravy Garlic Whipped Potatoes Herbed Green Beans Dinner Roll Fruit Cup	11 Garlic Rosemary Chicken Mixed Beans Parslied Carrots Dinner Roll Fruit Cup	12 Savory Beef Casserole Green Peas California Vegetable Blend Wheat Bread Fresh Fruit	13 Sweet & Sour Chicken Fried Rice Vegetable Blend Dinner Roll Fresh Fruit	14 Swedish Meatballs Rotini Noodles Tuscany Vegetable Blend Dinner Roll Fresh Fruit
17 Italian Mac Baby Lima Beans Dilled Carrots Dinner Roll Fruit Cup	18 Pork Sausage Kidney Beans Collard Greens Hot Dog Bun Fruit Cup	19 Centers Closed 	20 Chicken & Rice Casserole French Green Beans Whole Kernel Corn Wheat Bread Fresh Fruit	21 Taco Meat Pinto Beans Mexican Rice Lettuce/Tomato/Cheese Flour Tortilla Fresh Fruit
24 Salisbury Steak/Gravy Delmonico Potatoes Summer Vegetables Dinner Roll	25 Lemon Pepper Chicken Green Peas Okra & Tomatoes Wheat Bread Fruit Cup	26 Beef Cabbage Casserole Lima Beans Sliced Carrots Wheat Bread Fresh Fruit	27 Chicken Tetrazzini Whole Kernel Corn Green Beans Dinner Roll Fresh Fruit	28 Turkey Ham & White Beans Steamed Rice Country Vegetable Blend Dinner Roll Fresh Fruit
Low Fat Milk Available With Each Meal				

Menu Approved by: Registered Dietitian Dana Gardner and may be subject to change.