

July 2024

Monday	Tuesday	Wednesday	Thursday	Friday
1 Sweet & Sour Chicken Fried Rice Vegetables Dinner Roll Fruit Cup	2 Pork Sausage Northern Beans Mustard Greens Hot Dog Bun Fruit Cup	3 BBQ Chicken Baked Beans Hashbrown Casserole Dinner Roll Lorna Doone Cookie	4 Centers Closed 	5 Taco Meat Pinto Beans Mexican Rice Lettuce/Tomato/ Cheese Flour Tortilla Fresh Fruit
8 Beef & Rice Casserole Herbed Green Beans Glazed Carrots Wheat Bread Fruit Cup	9 BBQ Rib Patty Red Beans/Rice Cabbage Dinner Roll Fruit Cup	10 Meatballs/Spaghetti Sauce Penne/Tomatoes Green Peas Wheat Bread Fresh Fruit	11 Chicken Salad Corn Salad Lettuce/Tomato Wheat Bread Fresh Fruit	12 Hamburger Patty Baked Pinto Beans Country Potatoes Hamburger Bun Oatmeal Crème Pie
15 Swiss Steak Whipped Potatoes Green Peas Wheat Bread Fruit Cup	16 Chicken Taco Meat Black Beans/Corn Mexican Rice Lettuce/Tomato/ Cheese Flour Tortilla Fruit Cup	17 Pork Sausage Blackeyed Peas Green Beans Hot Dog Bun Fresh Fruit	18 Orange Glazed Chicken Confetti Rice Collard Greens Dinner Roll Fresh Fruit	19 Sloppy Joe Mixed Beans California Vegetables Hamburger Bun Fresh Fruit
22 Meatballs/Gravy Delmonico Potatoes Italian Green Beans Wheat Bread Fruit Cup	23 Sausage/White Beans Whole Kernal Corn Orange Carrots Wheat Bread Fruit Cup	24 Hamburger Patty Baked Pinto Beans Tomato/Lettuce Hamburger Bun Mixed Fruit Crisp	25 Chicken Salad Green Pea Salad Lettuce/Tomato Pita Bread Fresh Fruit	26 Meatloaf/Tomato Gravy Garlic Whipped Potatoes Vegetables Dinner Roll Fresh Fruit
29 Sweet & Sour Chicken Fried Rice Vegetables Dinner Roll Fruit Cup	30 Pork Sausage Northern Beans Mustard Greens Hot Dog Bun Fruit Cup	31 Salisbury Beef Onion Gravy Whipped Potatoes Green Beans Wheat Bread Fresh Fruit	Low Fat Milk Available With Each Meal	

Menu Approved by: Registered Dietitian and may be subject to change.