JIM FORTUNA SENIOR CENTER MARCH 2025

11751 McCormick Rd – Jacksonville, FL 32225 - (904) 255-6844 Specialist – Holly Eastman Monday – Friday ~ 8 a.m. to 5 p.m.

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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Early Riser Walk 8 a.m.  Puzzle 8 a.m.  American History 10 a.m.  Chair exercise (V) 11:00 a.m.  Chinese Mahjong 11:30 a.m.  Quilt & Sew 12 p.m.  Bible Study 1 p.m.  Billiards Pool 2 p.m.  Sr Fitness 3 p.m.  (V)=Video | Early Riser Walk 8 a.m.  Tai Chi 8:30 a.m. (V)  Fun Bridge 9 a.m.  (open group all skill levels)  Health Class 10 a.m.  Pinochle 10 a.m.  Movie & Popcorn 12:45 a.m.  Line Dance 1 p.m.  Buddy Canasta 2 p.m.  Stretching 3 p.m. | Early Riser Walk 8 a.m.  Pats Canasta 8:30 a.m.  Exercise Class (V) 8:30 a.m.  Cribbage 9:30 a.m.  Cookie Bridge 9:30 a.m.  Pinochle 10 a.m.  Lunch Trivia 11:00 a.m.  Coloring Group 12 p.m.  Mahjong 12 p.m.  Line Dance 1 p.m.  Chair Volleyball 1:30-4 p.m. | Early Riser Walk 8 a.m.  Wood Carving 8 –11:30 a.m.  Pinochle 9 a.m.  Ladies Canasta 9:30 a.m.  Drumming Cardio 10:30a.m.  Bridge Too Far 10:30 a.m.  Line Dance 1 p.m.  Buddy Canasta 2 p.m.  Ballroom Dance 2:15 p.m.  Sr. Fitness 3 p.m. | Early Riser Walk 8 a.m.  Chair Exercise (V) 8:30 a.m.  Blood Pressure Check 9 a.m.  Ladies Canasta 9 a.m.  Aerobics Class 10 a.m. (V)  Chess 11:30 a.m.  Chinese Mahjong 12 p.m.  Table Tennis 11:15 a.m.  Chair Volleyball 1:30-3:30p.m. |
| **AVAILABLE DAILY-** Adult Coloring, Card Games, Computer Lab, Dominoes, Hidden Picture, Pool, Puzzles, Walking, Word Puzzles, & Educational Topics | | | | |
| 3 | 4  **New Activity!**  **Fun Bridge every Tuesday**  **Learn How to Play!**  **(open group to all skill levels) 9 a.m**.  Canasta Gals 11 a.m.  **Mardi Gras Celebration**  **11:30 a.m.**  **\*\* Sign up for Finger foods\*\*** | 5  Site Council Meeting 9 a.m. | 6  Cool Chic's Bridge 1 p.m. | 7  Spanish Class 1 p.m. |
| 10  Men's Coffee 10 a.m.  **NEW** - **Chair Exercise (V)**  **11:00 a.m.**  Members Meeting 11:30 a.m.    **Nutrition Consults w Dietician Sharon 12 p.m.** | 11  **Fun Bridge 9 a.m.**  Arlington Women's Club (GWCOF)  Center Tour & Lunch  10:30 a.m. | 12  Welcome Coffee 10 a.m.  **Field Trip**  Super Bingo  Lane Wily Center 11 a.m.  Cool Chic’s Bridge 1:00 p.m. | 13  Brian Best w/Best Solutions  Music on Memory 11:30 a.m. | 14  National Potluck Pie Day 12 p.m. |
| 17  **St. Patrick's Day Entertainment Singer JK Wayne**  **Potluck Breakfast 9 a.m.**  Men's Coffee 10 a.m.  Get Up and Move w/Diane  10 a.m. | 18  **Fun Bridge 9 a.m.**  PAL Food Giveaway 9 a.m.  Canasta Gals 11 a.m.  Lunch Out: (TBD)  12 p.m. \*\*No Bus\*\* | 19  **Field Trip**  Bridge the Gap 9:30 a.m. | 20  **Speaker: Smart Cremation**  **w/Annett 11:30 a.m.** | 21  Spanish Class 1 p.m.  Beading w/Helen 2 p.m. |
| 24  Men's Coffee 10 a.m.  **NEW -** **Chair Exercise (V)**  11:00 a.m. | 25  **Fun Bridge 9 a.m.**  Shopping (TBD)  9:30 a.m. \*\*Sign up\*\*\* | 26  Wacky Italian Day 12 p.m.  \*Sign Up \* $5  Cool Chic’s Bridge 1:00 p.m. | 27  Presentation  Hearing Aid Knowledge  11:30 a.m. | 28  **Walk for Senior Wellness**  **Friendship Fountain**  **11 a.m. – 1 p.m.**  **Registration Required** |
| **31** Men’s Coffee 10 a.m.  **NEW -** **Chair Exercise (V)**  **11:00 a.m.** |  |  |  |  |