FRANCES PADGETT ARLINGTON SENIOR CENTER DECEMBER 2024

1078 Rogero Rd. ~ Jacksonville, FL 32211 ~ (904) 255-6733 Specialist: Courtney Bend Monday – Friday ~ 8 a.m. to 5 p.m.

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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Card Games 8:00 a.m.  Puzzles 8:00 a.m.  Chair Yoga 8:30 a.m.  Dominos 8:30 a.m.  Word Games 9:30 a.m.  Morning Walk 10 a.m.  Computer Class 10:30 a.m.  Bingo 12 p.m. | Card Games 8:00 a.m.  Puzzles 8:00 a.m.  Dominos 8:30 a.m.  Blood Pressure 9:30 a.m.  Bible Study 10 a.m.  Morning Walk 10 a.m.    Jazzco Line Dance 12 p.m.  Square Dance 7 p.m. | Chair Yoga 8:30 a.m.  Dominos 8:30 a.m.  Trivia 9:30 a.m.  Morning Walk 10 a.m.  Zumba Gold 10:30 a.m.  Computer Class 12 p.m. Ballroom Dancing 7 p.m. | Blood Pressure 9:30 a.m.  Dominos 8:30 a.m.  Bible Study 10 a.m.  Drumming Exercise 10 a.m.  Morning Walk 10 a.m.  Bingo 12 p.m. | Chair Yoga 8:30 a.m.  Word Games 9:30 a.m.  Morning Walk 10 a.m.  Zumba Gold 10:30 a.m.  Bingo 12 p.m. |
| **AVAILABLE** DAILY: Adult Coloring, Card Games, Computer Lab, Dominoes, Hidden Picture, Billiards, Walking, Word Puzzles, & Educational Topics  **BREAKFAST: Tuesday-Thursday** 8:30 A.M. **LUNCH:** 11:30 a.m. | | | | |
| 2  National Pup Day!  Bring in Pictures of your Dog  Center Christmas Tree Decorating 9:30 a.m. | 3  Senior Card Game Tournament with Bianca of Conviva 10 a.m.  NW Behavioral Health 9 a.m.  Crochet Class 10-11 a.m. | 4  Frances Padgett Site Council Meeting 12 p.m.  **Field Trip:**  Get Up and Move Dance Class at The Legends Center 10 a.m. | 5  Craft Workshop 10 a.m.  Christmas Card Make and Take 11 a.m. | 6  Stocking Decoration 10 a.m.  **Saturday \*\*See Note Below\*\*** |
| 9  Covid Test Kit Distribution by Senior Services / COJ Presentation by NE FL Health Education Center  For Registered Members10a.m. | 10  Adult Christmas Coloring 10 a.m.  Frances Padgett Participant Meeting 11 a.m.  Crochet Class 10-11 a.m. | 11  **Field Trip**:  The Dollar Tree 10 a.m.  Northwest Behavioral Health  9 a.m.  Bunko 12 p.m. | 12  **Reindeer Games**  **Presented by the**  **Health and Wellness Committee**  **Mary Singleton Center**  **10:00 am-12:00 pm.** | 13  National Hot Cocoa Day!    Hot Cocoa and Snacks 9:30 a.m. |
| 16  Puzzle Day 8:30 a.m.    Bingo 12 p.m. | 17  Gift Exchange $10 Gifts Maximum & Ugly Sweater Contest 10 a.m. | 18  **Field Trip:**  Bridge The Gap 9:30 a.m.  “Food Commodities”  Bunko 12 p.m. | 19  **Field Trip:** Lunch Out 10 a.m. “Golden Corral”  Members Must Sign Up-  Non-Members/Guests Must Pay | 20  Morning Movie 9:30 a.m. |
| 23  Game Day 8:30 a.m.  Bingo 12 p.m. | 24  CENTER CLOSED  IN OBSERVANCE OF CHRISTMAS EVE | 25  CENTER CLOSED  IN OBSERVANCE OF CHRISTMAS | 26  **Field Trip:**  Walmart Supercenter 10 a.m. | 27  December Birthday Celebration 12 p.m. |
| 30  **Field Trip**: The Salvation Army 10 a.m. | 31  New Year’s Eve Celebration  10 a.m. | CENTER CLOSED  HAPPY NEW YEARS! |  | **\*\* Holiday Festival \*\***  **Prime Osborn 1~4**  **Saturday December 7th**  **Must purchase tickets**  **in advance. $10pp**  **Contact the Senior Center for more information.** |