

CHARLIE JOSEPH SENIOR CENTER

6943 Buffalo Avenue ~ Jacksonville, FL 32208 ~ (904) 255-6822 Specialist: Diane Weaver

JULY 2024

Monday – Friday ~ 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Billiards 8 a.m. Puzzles 8 a.m. Breakfast 9 a.m. Bible Study 9:30 a.m. Chair Volleyball 10 a.m. Journaling 10:30 a.m. Adult Coloring 11 a.m. Sewing Class 11 a.m. Lunch 12 p.m.	Billiards 8 a.m. Puzzle 8 a.m. Breakfast 9 a.m. BP Check 9:30 a.m. Bingo 9:30 a.m. Book Club 10:00 a.m. Craft Class 11 a.m. Lunch 12 p.m. Chair Exercise 12:30 p.m.	Billiards 8 a.m. Puzzles 8 a.m. Breakfast 9 a.m. Computer Class 9:30 a.m. Sewing Class 11 a.m. Lunch 12 p.m. Board Games 12:30 p.m.	Billiards 8 a.m. Puzzles 8 a.m. Breakfast 9 a.m. BP Check 9:30 a.m. Jewelry Class 9:30 a.m. Craft Class 11 a.m. Lunch 12 p.m. Chair Exercise 12:30 p.m.	Billiards 8 a.m. Puzzles 8:30 a.m. Breakfast 9 a.m. Computer Class 9:30 a.m. Get up and move 11 a.m. Lunch 12 p.m.
AVAILABLE DAILY: Billiards, Puzzles, Board Games, Walking In the park, Adult Coloring, Bingo, Sewing Class, Jewelry Class, Craft Class, Get Up and Move, Bible Study, Chair Volleyball, Journaling and Book Club. LUNCH 12 p.m.				
1 Field Trip Walmart 10:30 a.m.	2 SHINE Presentation 10:00 a.m. Preventing Health Care Fraud and Abuse W/ Carrie 4 th of July Crafts 11:00 a.m. Site Council 1:00 p.m.	3	4 CENTER IS CLOSED In Observance of Independence Day.	5 Get Up and Move Exercise 11:00 a.m.
8	9 Field Trip Get Up and Move Exercise @ Bennie Furlong 10:00a.m.	10 Participant Meeting 11:00 a.m.	11 Bingo @ Charlie Joseph 10:00 a.m.	12 Get Up and Move Exercise 11:00 a.m.
15	16 Field Trip Harvey's Grocery Store 10:30 a.m.	17 Field Trip Get Up and Move Exercise @ Lane Wiley 10:00 a.m.	18	19 Charlie Joseph Prom 10:00 a.m.
22	23 Bingo @ Charlie Joseph 10:00 a.m.	24 Field Trip Get Up and Move @ Jim Fortuna Exercise 10:00 a.m.	25 July Birthday Celebration 11:00 a.m.	26 Get Up and Move Exercise 11:00 a.m.
29	30 Hurricane Preparedness Presentation with Charles from Conviva 11:00 a.m.	31		