CHARLIE JOSEPH SENIOR CENTER MARCH 2025

6943 Buffalo Avenue ~ Jacksonville, FL 32208 ~ (904) 255-6822 Specialist: Diane Weaver Monday – Friday 8 a.m. to 5 p.m.

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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Billiards 8 a.m.  Puzzles 8 a.m.  Bible Study 9:30 a.m. Journaling 10:30 a.m. Chair Volleyball 10 a.m.  Walmart 10:30 a.m.  Adult Coloring 11 a.m.  Sewing Class 11 a.m.  Lunch 12 p.m.  | Billiards 8 a.m.  Puzzle 8 a.m.  BP Check 9:30 a.m. Book Club 10:00 a.m. Bingo 9:30 a.m.  Craft Class 11 a.m.  Lunch 12 p.m.  Chair Exercise 12:30 p.m. | Billiards 8 a.m.  Puzzles 8 a.m.  Computer Class 9:30 a.m.  Sewing Class 11 a.m.  Lunch 12 p.m.  Board Games 12:30 p.m. | Billiards 8 a.m.   Puzzles 8 a.m.   BP Check 9:30 a.m.   Jewelry Class 9:30 a.m.   Craft Class 11 a.m.   Lunch 12 p.m.   Chair Exercise 12:30 p.m.   | Billiards 8 a.m.  Puzzles 8:30 a.m.  Computer Class 9:30 a.m.  Get Up and Move 11 a.m.  Lunch 12 p.m.   |
| **AVAILABLE DAILY:** Billiards, Puzzles, Board Games, Stroll in the Park, Adult Coloring, Bingo, Sewing Class, Jewelry Class, Craft Class, Get Up and Move, Bible Study, Chair Volleyball**,** Journaling and Book Club **BREAKFAST 9 a.m. LUNCH 12 p.m.** |
| 3 | 4**Fieldtrip** Carville Senior CenterSuper Bingo 10:00 a.m. | 5**Field Trip**Publix 10:30 a.m. | 6**Field Trip** Kings Bowling Alley 9:45 a.m. | 7Nutrition Education w/Sharon 10:00 a.m. |
| 10**Field Trip** Get Up and Move Exercise Lincoln Villa 10:00 a.m. | 11Northwest Behavior w/Charles 10:00 a.m. | 12Participant Meeting 11:00 a.m. | 13’Bingo 10:00 a.m. | 14Line Dance Practice 10:00 a.m.Get Up and Move 11:00 a.m. |
| 17**Field Trip**Ollies 10:30 a.m. | 18**Field Trip** Get Up and Move Exercise Maxville 9:30 a.m. | 19**Field Trip** Get Up and Move Exercise Southside 10:00 a.m. | 20Senior Education Workbook 11:00 a.m. | 21Charlie Joseph Site Council Fish Fry and Dance2025 Outreach 10:00 a.m. |
| 24**Field Trip**Walmart 10:30 a.m. | 25**Field Trip** Get Up and Move Exercise Mary Singleton 10:00 a.m. | 26Bingo 10:00 a.m. | 27Mardi Gras 2025“Here We Come Charlie Joseph!”  | **28****Walk for Senior Wellness** **Friendship Fountain** **11 a.m. - 1 p.m.** **Registration Required**  |
| 31Fall Prevention w/Chris of Modified Independent Living“Saving Claire” 10:30 a.m.  |  |  |  |  |