CHARLIE JOSEPH SENIOR CENTER MARCH 2025

6943 Buffalo Avenue ~ Jacksonville, FL 32208 ~ (904) 255-6822 Specialist: Diane Weaver Monday – Friday 8 a.m. to 5 p.m.

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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Billiards 8 a.m.  Puzzles 8 a.m.  Bible Study 9:30 a.m.  Journaling 10:30 a.m.  Chair Volleyball 10 a.m.  Walmart 10:30 a.m.  Adult Coloring 11 a.m.  Sewing Class 11 a.m.  Lunch 12 p.m. | Billiards 8 a.m.  Puzzle 8 a.m.  BP Check 9:30 a.m.  Book Club 10:00 a.m.  Bingo 9:30 a.m.  Craft Class 11 a.m.  Lunch 12 p.m.  Chair Exercise 12:30 p.m. | Billiards 8 a.m.  Puzzles 8 a.m.  Computer Class 9:30 a.m.  Sewing Class 11 a.m.  Lunch 12 p.m.  Board Games 12:30 p.m. | Billiards 8 a.m.   Puzzles 8 a.m.   BP Check 9:30 a.m.   Jewelry Class 9:30 a.m.   Craft Class 11 a.m.   Lunch 12 p.m.   Chair Exercise 12:30 p.m. | Billiards 8 a.m.  Puzzles 8:30 a.m.  Computer Class 9:30 a.m.  Get Up and Move 11 a.m.  Lunch 12 p.m. |
| **AVAILABLE DAILY:** Billiards, Puzzles, Board Games, Stroll in the Park, Adult Coloring, Bingo, Sewing Class, Jewelry Class, Craft Class, Get Up and Move, Bible Study,  Chair Volleyball**,** Journaling and Book Club **BREAKFAST 9 a.m. LUNCH 12 p.m.** | | | | |
| 3 | 4  **Fieldtrip**  Carville Senior Center  Super Bingo  10:00 a.m. | 5  **Field Trip**  Publix 10:30 a.m. | 6  **Field Trip**  Kings Bowling Alley  9:45 a.m. | 7  Nutrition Education w/Sharon  10:00 a.m. |
| 10  **Field Trip**  Get Up and Move Exercise  Lincoln Villa 10:00 a.m. | 11  Northwest Behavior w/Charles 10:00 a.m. | 12  Participant Meeting  11:00 a.m. | 13’  Bingo  10:00 a.m. | 14  Line Dance Practice 10:00 a.m.  Get Up and Move 11:00 a.m. |
| 17  **Field Trip**  Ollies  10:30 a.m. | 18  **Field Trip**  Get Up and Move Exercise  Maxville  9:30 a.m. | 19  **Field Trip**  Get Up and Move Exercise  Southside  10:00 a.m. | 20  Senior Education Workbook  11:00 a.m. | 21  Charlie Joseph Site Council  Fish Fry and Dance  2025 Outreach  10:00 a.m. |
| 24  **Field Trip**  Walmart  10:30 a.m. | 25  **Field Trip**  Get Up and Move Exercise  Mary Singleton  10:00 a.m. | 26  Bingo  10:00 a.m. | 27  Mardi Gras 2025  “Here We Come Charlie Joseph!” | **28**  **Walk for Senior Wellness**  **Friendship Fountain**  **11 a.m. - 1 p.m.**  **Registration Required** |
| 31  Fall Prevention w/Chris  of Modified Independent Living  “Saving Claire”  10:30 a.m. |  |  |  |  |