MARY L. SENIOR CENTER    JANUARY 2025

150 E. 1st St. ~ Jacksonville, FL 32206 ~ (904) 255-6666 Specialist: Martinique Glover /Joana Ching Monday – Friday ~ 8 a.m. to 5 p.m.

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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Ceramics Painting 8:00 a.m.BINGO 9-11:30 a.m.Bible Study 10 a.m.Line Dancing 10 a.m.Jewelry Making Class 11 a.m.Computer Class 11 a.m.Line Dancing 1 p.m.Sewing Class 1-4 p.m. | Ceramics Painting 8:00 a.m.Breakfast 9 a.m.BINGO 9-11:30 a.m. Exercise Class 10:00 a.m.Memory Games and Reading Group 10 a.m.Chair Volleyball 11 a.m. | Ceramics Painting 8:00 a.m.Breakfast 9 a.m.BINGO 9-11:30 a.m.Bible Study 10 a.m.Line Dancing 10 a.m. Line Dancing 1 p.m. Sewing Class 1-4 p.m. | Ceramics Painting 8:00 a.m.Breakfast 9 a.m.BINGO 9-11:30 a.m.Memory Games and Reading Group 10 a.m.  Crocheting Group 1 p.m.Games & Dancing 5 p.m. | Ceramics Painting 8:00 a.m.BINGO 9-11:30 a.m.Movie in Auditorium 9:30 a.m.(V) - Video |
| **AVAILABLE DAILY:** Bingo, Billiards, & Card Games \* **Clothes Closet:** Monday ~ Friday 9 a.m. ~ 11:30 a.m. \* **LUNCH:** 12:00 p.m. |
|  |  | 1**CENTERS CLOSED****HAPPY NEW YEAR!** | 2**FIELD TRIP:** Walmart10:00 a.m.Table Topics- 10:30 a.m.Bingo will end at 10:30 a.m. | 3International Mind-Body Wellness Day – Activity in Green Room 10 a.m. |
| 6 Site Council Meeting10:00 a.m. | 7Stepping into the New Year with Health and WellnessPresented by Care Plus and Conviva 10:00 a.m. | 8Commodities with Bridge the Gap 10:00 am, | 9Painting with a Twist 10:00 a.m.Participants Meeting 11:00 a.m.Senior Talent Extravaganza6:00 pm-8:00 pm | 1012:00 Ritz Chamber PlayersTea at the Terry! “Coretta’s Voice”JU’s Terry TheatrePlease Sign Up |
| 13**Field Trip** Riverview’s Flea Market10:00 a.m. | **14**Site Council Shopping to Sams/Family Dollar 10:00 a.m. | 15**FIELD TRIP:** **Mosh Silver Space Series (Starts at 10 a.m.)** | 16 Site Council Advisory Board10:30 a.m. | 17 Name That Tune 10:30 a.m.Bingo will end at 10:30 today |
| 20**CENTER CLOSED****IN OBSERVANCE OF** **MARTIN LUTHER KING JR.** | **21****FIELD TRIP:** Roses 10:00 a.m. | 22Wear Polka Dots for National Polka dot day!NF Behavioral Health 10:30 a.m. | 23Nutritional Education with the Dietician Pie Bake off for National Pie Day! | 24 Center ID Picture Badge Day(we will be taking ID Pictures for participants who do not have their badge) |
| 27**10:00 Florida Theatre** **Theatreworks Presents****STEP AFRIKA!** **A Senior Center Event** **Sign up ~ Seats Limited** | **28****FIELD TRIP:** Safe Harbor in Arlington 10:00 a.m. | 29Fun Day! 10:00 a.m. | 30January Birthday Celebration11:00 a.m. | 31**International Zebra Day!**Wear Black and White!  |