LEROY CLEMONS SENIOR CENTER JANUARY 2025

55 N. Jackson Avenue ~ Jacksonville, FL 32220 ~ (904) 255-6737 Specialist: Tomeraine Pierre Monday - Friday ~ 8 a.m. to 5 p.m.

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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Morning Meditation (v) 9 a.m.Trivia 10 a.m.Music Games 11 a.m. (v) = video | Breakfast 9 a.m.Bingo 10 a.m. Chair Exercise (v) 11 a.m.  (v) = video | Breakfast 9 a.m.Art Journaling 10 a.m.History Class 11 a.m. | Breakfast 9 a.m.Bingo 10 a.m. Chair Exercise (v) 11 a.m.  (v) = video | Craft Class 9 a.m.Scrabble 10 a.m.Music Chair Game 11 a.m. |
| **AVAILABLE DAILY:** Table Tennis, Air Hockey, Chair Volleyball, Board & Card Games, Skip-Bo, Adult Coloring, Word Search/Jigsaw Puzzles, Reading Material*(Activities are Subject to Change.)*  **LUNCH Monday – Friday 12 P.M.** |
|  |  | **1****CENTERS CLOSED****HAPPY NEW YEAR!** | **2****FIELD TRIP**Publix (11341 Normandy Blvd) Bus leaves at 10 a.m. | **3**Vision Board Create a Vision Board for 2025 11 a.m. |
| **6**Food Safety Training for Kitchen Volunteers 10 a.m.Nutrition Education w/Sharon Build a Healthy Eating Routine 11 a.m. | **7** | **8****FIELD TRIP**Lane Wiley's Yard SaleBus leaves at 10 a.m. | **9**Tai Chi w/Charles from Conviva 10 a.m. | **10**COVID Kit Distribution and Education 10 a.m.**12:00 Ritz Chamber Players****Tea at the Terry!** **“Coretta’s Voice”****JU’s Terry Theatre****Please Sign Up** |
| **13** | **14**Topic TuesdayBe a Part of The Conversation! Share Your Thoughts 10 a.m. | **15****FIELD TRIP**Bridge The Gap Commodities Bus leaves at 10 a.m. | **16** | **17**Movie Time at LCSCLeroy Clemons Senior (Movie TBD) 10 a.m. |
| **20****CENTER CLOSED****IN OBSERVANCE OF** **MARTIN LUTHER KING JR.** | **21**Valentine’s Project (Craft) 9 a.m. | **22****FIELD TRIP**Shrimp Shack (Blanding)Bus leaves at 10:30 a.m. | **23** | **24**Create a Memoir (Scrapbook or Family Recipes) 11 a.m. |
| **27****10:00 Florida Theatre** **Theatreworks Presents****STEP AFRIKA!** **A Senior Center Event** **Sign up ~ Seats Limited** | **28** | **29****FIELD TRIP**Harveys Supermarket(Edgewood Ave W) Bus leaves at 10 a.m. | **30** | **31**Monthly Birthday Celebration12 p.m. |