LEROY CLEMONS SENIOR CENTER JANUARY 2025

55 N. Jackson Avenue ~ Jacksonville, FL 32220 ~ (904) 255-6737 Specialist: Tomeraine Pierre Monday - Friday ~ 8 a.m. to 5 p.m.

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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Morning Meditation (v) 9 a.m.  Trivia 10 a.m.  Music Games 11 a.m.    (v) = video | Breakfast 9 a.m.  Bingo 10 a.m.  Chair Exercise (v) 11 a.m.    (v) = video | Breakfast 9 a.m.  Art Journaling 10 a.m.  History Class 11 a.m. | Breakfast 9 a.m.  Bingo 10 a.m.  Chair Exercise (v) 11 a.m.    (v) = video | Craft Class 9 a.m.  Scrabble 10 a.m.  Music Chair Game 11 a.m. |
| **AVAILABLE DAILY:** Table Tennis, Air Hockey, Chair Volleyball, Board & Card Games, Skip-Bo, Adult Coloring, Word Search/Jigsaw Puzzles, Reading Material  *(Activities are Subject to Change.)*  **LUNCH Monday – Friday 12 P.M.** | | | | |
|  |  | **1**  **CENTERS CLOSED**  **HAPPY NEW YEAR!** | **2**  **FIELD TRIP**  Publix (11341 Normandy Blvd) Bus leaves at 10 a.m. | **3**  Vision Board  Create a Vision Board for 2025  11 a.m. |
| **6**  Food Safety Training for  Kitchen Volunteers 10 a.m.  Nutrition Education w/Sharon  Build a Healthy Eating Routine  11 a.m. | **7** | **8**  **FIELD TRIP**  Lane Wiley's Yard Sale  Bus leaves at 10 a.m. | **9**  Tai Chi w/Charles from Conviva  10 a.m. | **10**  COVID Kit Distribution and Education 10 a.m.  **12:00 Ritz Chamber Players**  **Tea at the Terry!**  **“Coretta’s Voice”**  **JU’s Terry Theatre**  **Please Sign Up** |
| **13** | **14**  Topic Tuesday  Be a Part of The Conversation! Share Your Thoughts 10 a.m. | **15**  **FIELD TRIP**  Bridge The Gap Commodities Bus leaves at 10 a.m. | **16** | **17**  Movie Time at LCSC  Leroy Clemons Senior  (Movie TBD) 10 a.m. |
| **20**  **CENTER CLOSED**  **IN OBSERVANCE OF**  **MARTIN LUTHER KING JR.** | **21**  Valentine’s Project (Craft) 9 a.m. | **22**  **FIELD TRIP**  Shrimp Shack (Blanding)  Bus leaves at 10:30 a.m. | **23** | **24**  Create a Memoir  (Scrapbook or Family Recipes)  11 a.m. |
| **27**  **10:00 Florida Theatre**  **Theatreworks Presents**  **STEP AFRIKA!**  **A Senior Center Event**  **Sign up ~ Seats Limited** | **28** | **29**  **FIELD TRIP**  Harveys Supermarket  (Edgewood Ave W)  Bus leaves at 10 a.m. | **30** | **31**  Monthly Birthday Celebration  12 p.m. |