LEROY CLEMONS SENIOR CENTER APRIL 2025

55 N. Jackson Avenue ~ Jacksonville, FL 32220 ~ (904) 255-6737 Specialist: Tomeraine Pierre Monday - Friday ~ 8 a.m. to 5 p.m.

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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Current Events 8 a.m.  Hidden Pictures 9 a.m.  Puzzles/Adult Coloring 9 a.m.  Bible Class 10 a.m.  Educational Material 12:30 p.m. | Current Events 8 a.m.  Hidden Pictures 9 a.m.  Puzzles/Adult Coloring 9 a.m.  Chair Exercise (v) 10 a.m.  Card/Board Games 11 a.m.  Educational Material 12:30 p.m.  (v) = video | Current Events 8 a.m.  Hidden Pictures 9 a.m.  Puzzles/Adult Coloring 9 a.m.  Arts and Crafts 10:30 a.m.  Educational Material 12:30 p.m. | Current Events 8 a.m.  Hidden Pictures 9 a.m.  Puzzles/Adult Coloring 9 a.m.  Chair Exercise (v) 10 a.m.  Card/Board Games 11 a.m.  Educational Material 12:30 p.m.  (v) = video | Current Events 8 a.m.  Hidden Pictures 9 a.m.  Puzzles/Adult Coloring 9 a.m.  Bingo 10 a.m.  Educational Material 12:30 p.m. |
| **AVAILABLE DAILY:** Table Tennis, Air Hockey, Chair Volleyball, Walking  *(Activities are Subject to Change)* **BREAKFAST: T-W-Th 8:30 a.m. LUNCH: M – F 11:30 a.m.** | | | | |
|  | 1  Get Up & Move  w/Diane Weaver from  Charlie Joseph 10:30 a.m. | 2  **FIELD TRIP**  Bridge the Gap  Commodities Pickup 10 a.m. | 3  **FIELD TRIP**  Walmart (Normandy Blvd)  10 a.m. | 4  Tracie w/Hardage-Giddens  Lunch & Learn Presentation on Benefits of Pre-Planning  11:45 a.m. |
| 7  Nutrition Education  w/ Dietitian Sharon 11 a.m.  Lunch Nutrition Program  Compliance Review w/ Dietitian Sharon 12 p.m. | 8  **FIELD TRIP**  Publix (11341 Normandy)  10 a.m.  Buying Groceries or Credit Scores w/David of VyStar  11:30 a.m. | 9  Hot Dogs, Chips, and Drinks under the Pavilion  w/Lane Wiley 10:30 a.m.  **“No Cost: Sign-Up Required”** | 10  Caption Call Demonstration  w/ Michelle McQuilkin 11:30 a.m.  Diabetes Self-Management Presentation w/Jennifer Schmidt of NE Florida AHEC 12:30 p.m. | 11  **Community Event**  **Arboretum and Botanical Gardens**  **Nature Hike and Picnic 10 ~ 1**  **Must sign up to attend.**  **Spots Limited** |
| 14 | 15  Outdoor Scavenger Hunt  10:30 a.m. | 16  **FIELD TRIP**  JEA Senior Day  10:00 a.m. | 17  **FIELD TRIP**  Visiting Maxville Senior Center  10 a.m. | 18 **FISH-A-THON**  **Hannah Park**  **10~2**  **“Registration Required”**  **CENTER CLOSED**  **FOR SPECIAL EVENT** |
| 21  Mother’s Day Craft  w/Ms. Christine 9 a.m.  Charles w/ Northwest  Behavioral Health  10 a.m. – 11:30 a.m. | 22  Presentation on JTA's Resources with  Traci Mills-Womack 10:30 a.m. | 23  **FIELD TRIP**  Orange Park Mall 10 a.m. | 24  Reducing Fall Risks at Home  w/ Marc Quinones of Encompass Health Corporation  11:30 a.m. | 25  April Birthday Celebration  12 p.m.  **Tea at the Terry**  **“The Ties That Bind”**  **Ritz Chamber Players**  **Jacksonville University 1 p.m.** |
| 28 | 29 | 30  **FIELD TRIP**  Orange Buffet (Blanding Blvd) 10 a.m. |  |  |