JIM FORTUNA SENIOR CENTER APRIL 2025

11751 McCormick Rd – Jacksonville, FL 32225 - (904) 255-6844 Specialist – Holly Eastman Monday – Friday ~ 8 a.m. to 5 p.m.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Early Riser Walk 8 a.m.Puzzle 8 a.m.American History 10 a.m.Chair Exercise (V) 11:00 a.m.Chinese Mahjong 11:30 a.m.Quilt & Sew 12 p.m.Bible Study 1 p.m.Billiards Pool 2 p.m.Sr Fitness 3 p.m. | Early Riser Walk 8 a.m.Tai Chi 8:30 a.m. (V)Fun Bridge 9 a.m.(open group all skills)Health Class 10 a.m.Pinochle 10 a.m.Movie & Popcorn 12:45 a.m.Line Dance 1 p.m.Buddy Canasta 2 p.m.Stretching 3 p.m. | Early Riser Walk 8 a.m.Exercise Class (V) 8:30 a.m.Cribbage 9:30 a.m.Cookie Bridge 9:30 a.m.Pinochle 10 a.m.Lunch Trivia 11:00 a.m.Coloring Group 12 p.m.Team Volleyball Practice 12-1:30Mahjong 12 p.m.Line Dance 1 p.m.Chair Volleyball 1:30-4 p.m. | Early Riser Walk 8 a.m.Wood Carving 8 –11:30 a.m.Pinochle 9 a.m.Ladies Canasta 9:30 a.m.Drumming Cardio 10:30 a.m.**Bridge Too Far 10:30 a.m.**Line Dance 1 p.m.Buddy Canasta 2 p.m.Sr Fitness 3 p.m. | Early Riser Walk 8 a.m.Chair Exercise (V) 8:30 a.m.Blood Pressure Check 9 a.m.Ladies Canasta 9 a.m.Aerobics class 10 a.m. (V)Chess 11:30 a.m.Chinese Mahjong 12 p.m.Table Tennis 11:15 a.m.Chair Volleyball 1:30-3:30p.m (V)=Video |
| **AVAILABLE DAILY-** Adult Coloring, Card Games, Computer Lab, Dominoes, Hidden Picture, Pool, Puzzles, Walking, Word Puzzles, & Educational Topics  |
|  | 1Caption Call & its Benefits(no cost, closed caption service) w/ Mike 11 a.m. Canasta Gals 11 a.m. | 2 Site Council Meeting 9 a.m.Nutrition Consults w/Dietician Sharon 11:30 a.m.\*\*Sign up\*\* | 3Dignity Memorial Lunch & Learn w/Tracie Epperson & Olive Garden 11:30 a.m. \*sign up\* Cool Chic's Bridge 1 p.m. | 4  **Community Event****Arboretum and Botanical Gardens****Nature Hike and Picnic****10 ~ 1****Must sign up to attend.** **Spots Limited** Spanish Class 1 p.m. |
| 7Men's Coffee 10 a.m.Members Meeting 11 a.m.Reiki Meditation w/Ann 2 p.m. | 8 Eldersource SHINE Presentation11 a.m. | 9 New Members ~ Welcome Coffee10 a.m. Cool Chic's Bridge 1 p.m. | 10 Spring Decoupage Flowerpots Craft w/ Carmen from Windsor 11:15 a.m. | 11 **Vintage Players Entertainment** **12 p.m.** |
| 14Men's Coffee 10 a.m.Reiki Meditation w/Ann 2 p.m. | 15 PAL Food Giveaway 9 amCanasta Gals 11 a.m. Lunch Out: TBD 12 p.m. \*\*No Bus\*\* | 16 Bridge the Gap 9:30 a.m.\*\*Sign up\*\*\* | 17 Mark Quinn of Encompass Health Fall Prevention & Rehab 10111:30 a.m. Cooking Meals for Onew/Dietician Sharon 11:30 a.m.\*\*Sign up\*\* | 18**FISH-A-THON****Hannah Park****10~2****“Registration Required”****CENTER CLOSED** **FOR SPECIAL EVENT** |
| 21Men's Coffee 10 a.m.Easter Brunch 10 a.m.\*Wear Your Favorite Spring Hat\*Celebrating Natl. Jellybean Day.Reiki Meditation w/Ann 2 p.m. | 22 Annes Cooking Class 11:00 a.m.Broccoli Almond Soup w/Peanut Salad**Alzheimer Brain Bus** **12:00-2 P.M.** | 23 National Poetry DayShare Your Favorite PoemBYO Lunch 12 p.m.Cool Chic's Bridge 1 p.m. | 24 **Fieldtrip:** Beaver St. Farmers Market  10:30 a.m. \*\*Sign up\*\*Dave Aubuchon of VyStarw/Scams and Identity Theft 11:30 a.m.  | 25 Birthday Celebration 12 p.m.**Tea at the Terry****“The Ties That Bind”** **Ritz Chamber Players****Jacksonville University****Show at 1:00 p.m.** |
| 28 Men's Coffee 10 a.m.Reiki Meditation w/Ann 2 p.m. | 29 Get Up and Move w/ Diane 10:30 a.m. | 30 Instructed Tai Chi w/Charles 10 a.m.Wacky Wednesday Soup Potluck and Fundraiser $511:30 a.m. |  |  |