JIM FORTUNA SENIOR CENTER APRIL 2025

11751 McCormick Rd – Jacksonville, FL 32225 - (904) 255-6844 Specialist – Holly Eastman Monday – Friday ~ 8 a.m. to 5 p.m.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Early Riser Walk 8 a.m.  Puzzle 8 a.m.  American History 10 a.m.  Chair Exercise (V) 11:00 a.m.  Chinese Mahjong 11:30 a.m.  Quilt & Sew 12 p.m.  Bible Study 1 p.m.  Billiards Pool 2 p.m.  Sr Fitness 3 p.m. | Early Riser Walk 8 a.m.  Tai Chi 8:30 a.m. (V)  Fun Bridge 9 a.m.  (open group all skills)  Health Class 10 a.m.  Pinochle 10 a.m.  Movie & Popcorn 12:45 a.m.  Line Dance 1 p.m.  Buddy Canasta 2 p.m.  Stretching 3 p.m. | Early Riser Walk 8 a.m.  Exercise Class (V) 8:30 a.m.  Cribbage 9:30 a.m.  Cookie Bridge 9:30 a.m.  Pinochle 10 a.m.  Lunch Trivia 11:00 a.m.  Coloring Group 12 p.m.  Team Volleyball Practice 12-1:30  Mahjong 12 p.m.  Line Dance 1 p.m.  Chair Volleyball 1:30-4 p.m. | Early Riser Walk 8 a.m.  Wood Carving 8 –11:30 a.m.  Pinochle 9 a.m.  Ladies Canasta 9:30 a.m.  Drumming Cardio 10:30 a.m.  **Bridge Too Far 10:30 a.m.**  Line Dance 1 p.m.  Buddy Canasta 2 p.m.  Sr Fitness 3 p.m. | Early Riser Walk 8 a.m.  Chair Exercise (V) 8:30 a.m.  Blood Pressure Check 9 a.m.  Ladies Canasta 9 a.m.  Aerobics class 10 a.m. (V)  Chess 11:30 a.m.  Chinese Mahjong 12 p.m.  Table Tennis 11:15 a.m.  Chair Volleyball 1:30-3:30p.m  (V)=Video |
| **AVAILABLE DAILY-** Adult Coloring, Card Games, Computer Lab, Dominoes, Hidden Picture, Pool, Puzzles, Walking, Word Puzzles, & Educational Topics | | | | |
|  | 1  Caption Call & its Benefits  (no cost, closed caption service)  w/ Mike 11 a.m.  Canasta Gals 11 a.m. | 2  Site Council Meeting 9 a.m.  Nutrition Consults w/Dietician Sharon 11:30 a.m.  \*\*Sign up\*\* | 3  Dignity Memorial Lunch & Learn w/Tracie Epperson & Olive Garden 11:30 a.m. \*sign up\*    Cool Chic's Bridge 1 p.m. | 4  **Community Event**  **Arboretum and Botanical Gardens**  **Nature Hike and Picnic**  **10 ~ 1**  **Must sign up to attend.**  **Spots Limited**  Spanish Class 1 p.m. |
| 7  Men's Coffee 10 a.m.  Members Meeting 11 a.m.  Reiki Meditation w/Ann 2 p.m. | 8  Eldersource SHINE Presentation  11 a.m. | 9  New Members ~ Welcome Coffee  10 a.m.  Cool Chic's Bridge 1 p.m. | 10  Spring Decoupage Flowerpots Craft  w/ Carmen from Windsor 11:15 a.m. | 11  **Vintage Players Entertainment**  **12 p.m.** |
| 14  Men's Coffee 10 a.m.  Reiki Meditation w/Ann 2 p.m. | 15  PAL Food Giveaway 9 am  Canasta Gals 11 a.m.    Lunch Out: TBD 12 p.m.  \*\*No Bus\*\* | 16  Bridge the Gap 9:30 a.m.  \*\*Sign up\*\*\* | 17  Mark Quinn of Encompass Health  Fall Prevention & Rehab 101  11:30 a.m.  Cooking Meals for One  w/Dietician Sharon 11:30 a.m.  \*\*Sign up\*\* | 18  **FISH-A-THON**  **Hannah Park**  **10~2**  **“Registration Required”**  **CENTER CLOSED**  **FOR SPECIAL EVENT** |
| 21  Men's Coffee 10 a.m.  Easter Brunch 10 a.m.  \*Wear Your Favorite Spring Hat  \*Celebrating Natl. Jellybean Day.  Reiki Meditation w/Ann 2 p.m. | 22  Annes Cooking Class  11:00 a.m.  Broccoli Almond Soup  w/Peanut Salad  **Alzheimer Brain Bus**  **12:00-2 P.M.** | 23  National Poetry Day  Share Your Favorite Poem  BYO Lunch 12 p.m.  Cool Chic's Bridge 1 p.m. | 24  **Fieldtrip:** Beaver St. Farmers Market  10:30 a.m. \*\*Sign up\*\*  Dave Aubuchon of VyStar  w/Scams and Identity Theft  11:30 a.m. | 25  Birthday Celebration 12 p.m.  **Tea at the Terry**  **“The Ties That Bind”**  **Ritz Chamber Players**  **Jacksonville University**  **Show at 1:00 p.m.** |
| 28  Men's Coffee 10 a.m.  Reiki Meditation w/Ann 2 p.m. | 29  Get Up and Move w/ Diane  10:30 a.m. | 30  Instructed Tai Chi w/Charles  10 a.m.  Wacky Wednesday Soup  Potluck and Fundraiser $5  11:30 a.m. |  |  |