FRANCES PADGETT ARLINGTON SENIOR CENTER APRIL 2025

1078 Rogero Rd. ~ Jacksonville, FL 32211 ~ (904) 255-6733 Specialist: Courtney Bend Monday – Friday ~ 8 a.m. to 5 p.m.

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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Card Games 8:00 a.m.  Puzzles 8:00 a.m.  Chair Yoga 8:30 a.m.  Dominos 8:30 a.m.  Word Games 9:30 a.m.  Morning Walk 10 a.m.  Computer Class 10:30 a.m.  Bingo 12 p.m. | Card Games 8:00 a.m.  Puzzles 8:00 a.m.  Dominos 8:30 a.m.  Blood Pressure 9:30 a.m.  Bible Study 10 a.m.  Morning Walk 10 a.m.    Jazzco Line Dance 12:30 p.m.  Square Dance 7 p.m. | Chair Yoga 8:30 a.m.  Dominos 8:30 a.m.  Trivia 9:30 a.m.  Morning Walk 10 a.m.  Zumba Gold 10:30 a.m.  Computer Class 12 p.m. Ballroom Dancing 7 p.m. | Blood Pressure 9:30 a.m.  Dominos 8:30 a.m.  Bible Study 10 a.m.  Drumming Exercise 10 a.m.  Morning Walk 10 a.m.  Bingo 12 p.m. | Chair Yoga 8:30 a.m.  Word Games 9:30 a.m.  Morning Walk 10 a.m.  Zumba Gold 10:30 a.m.  Bingo 12 p.m. |
| **AVAILABLE DAILY:** Adult Coloring, Card Games, Computer Lab, Dominoes, Hidden Picture, Billiards, Walking, Word Puzzles, & Educational Topics  **BREAKFAST: Tuesday-Thursday 8:30 a.m. LUNCH: 11:30 a.m.** | | | | |
|  | 1 April Fools Day!    Northwest Behavioral Health Presentation 9:00 a.m.  **Field Trip:** Lunch Out 10:30 a.m. | 2  Frances Padgett Site Council Meeting 10 a.m. | 3  Nutrition Education with Dietitian Sharon 9:00 a.m.  RSVP Recognition Luncheon | 4 **Community Event**  **Arboretum and Botanical Gardens**  **Nature Hike and Picnic**  **10 ~ 1**  **Must sign up to attend.**  **Spots Limited** |
| 7  Game Day 8:00 a.m.  Word Games 8:30 a.m.  Bingo 12 p.m. | 8  Frances Padgett Participant Meeting 11 a.m.  Crochet Class 10-11a.m. | 9  Bunko 12 p.m.  **Field Trip:** Roses 10 a.m. | 10  “Monopoly” Game and Presentation with Sabrena of Medicare 10 a.m. | 11  Site Council Pizza Fundraiser  10:30 a.m. |
| 14 National Gardening Day!  Day of Gardening  Bring in a Plant/Flower | 15 Purple Up Day!  “Wear Purple”  “Celebrating Military’s  Unsung Hero's and Their Children”  Crochet Class 10-11 a.m. | 16  **Field Trip:**  Bridge The Gap 9:30 a.m.  “Food Commodities” | 17  Easter Activity-Social  “Crafts, Easter Egg Decorating, and Sand Art” 10 a.m. | 18 **FISH-A-THON**  **Hannah Park**  **10~2**  **“Registration Required”**  **CENTER CLOSED**  **FOR SPECIAL EVENT** |
| 21  Morning Walk Day! 10 a.m. | 22  Alzheimer's Brain Bus Presentation  9:30 a.m.-11:30 a.m. | 23  Bunko 12 p.m. | 24  **Field Trip:** Fresh Farms 10 a.m. | 25 **Tea at the Terry**  **“The Ties That Bind”**  **Ritz Chamber Players**  **Jacksonville University**  **Show at 1:00 p.m.** |
| 28  Morning Movie 9:30 a.m. | 29  **Field Trip:** Walmart Supercenter  10 a.m. | 30  Smart Cremation w/Nettie Sams Presentation 9:30 a.m. |  |  |