FRANCES PADGETT ARLINGTON SENIOR CENTER APRIL 2025

1078 Rogero Rd. ~ Jacksonville, FL 32211 ~ (904) 255-6733 Specialist: Courtney Bend Monday – Friday ~ 8 a.m. to 5 p.m.

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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Card Games 8:00 a.m. Puzzles 8:00 a.m. Chair Yoga 8:30 a.m. Dominos 8:30 a.m.Word Games 9:30 a.m. Morning Walk 10 a.m. Computer Class 10:30 a.m. Bingo 12 p.m. | Card Games 8:00 a.m. Puzzles 8:00 a.m. Dominos 8:30 a.m.Blood Pressure 9:30 a.m. Bible Study 10 a.m. Morning Walk 10 a.m. Jazzco Line Dance 12:30 p.m. Square Dance 7 p.m. | Chair Yoga 8:30 a.m. Dominos 8:30 a.m.Trivia 9:30 a.m. Morning Walk 10 a.m.Zumba Gold 10:30 a.m.Computer Class 12 p.m. Ballroom Dancing 7 p.m. | Blood Pressure 9:30 a.m.Dominos 8:30 a.m.Bible Study 10 a.m.Drumming Exercise 10 a.m.Morning Walk 10 a.m.Bingo 12 p.m. | Chair Yoga 8:30 a.m. Word Games 9:30 a.m.Morning Walk 10 a.m.Zumba Gold 10:30 a.m.Bingo 12 p.m. |
| **AVAILABLE DAILY:** Adult Coloring, Card Games, Computer Lab, Dominoes, Hidden Picture, Billiards, Walking, Word Puzzles, & Educational Topics**BREAKFAST: Tuesday-Thursday 8:30 a.m. LUNCH: 11:30 a.m.** |
|  | 1 April Fools Day! Northwest Behavioral Health Presentation 9:00 a.m.**Field Trip:** Lunch Out 10:30 a.m. | 2 Frances Padgett Site Council Meeting 10 a.m. | 3 Nutrition Education with Dietitian Sharon 9:00 a.m.RSVP Recognition Luncheon | 4 **Community Event****Arboretum and Botanical Gardens****Nature Hike and Picnic****10 ~ 1****Must sign up to attend.** **Spots Limited** |
| 7 Game Day 8:00 a.m.Word Games 8:30 a.m.Bingo 12 p.m. | 8 Frances Padgett Participant Meeting 11 a.m.Crochet Class 10-11a.m. | 9 Bunko 12 p.m.**Field Trip:** Roses 10 a.m. | 10“Monopoly” Game and Presentation with Sabrena of Medicare 10 a.m.  | 11 Site Council Pizza Fundraiser10:30 a.m. |
| 14 National Gardening Day!Day of GardeningBring in a Plant/Flower | 15 Purple Up Day!“Wear Purple”“Celebrating Military’s Unsung Hero's and Their Children”Crochet Class 10-11 a.m. | 16 **Field Trip:** Bridge The Gap 9:30 a.m.“Food Commodities” | 17 Easter Activity-Social “Crafts, Easter Egg Decorating, and Sand Art” 10 a.m. | 18 **FISH-A-THON****Hannah Park****10~2****“Registration Required”****CENTER CLOSED** **FOR SPECIAL EVENT** |
| 21 Morning Walk Day! 10 a.m. | 22 Alzheimer's Brain Bus Presentation 9:30 a.m.-11:30 a.m. | 23 Bunko 12 p.m.  | 24**Field Trip:** Fresh Farms 10 a.m. | 25 **Tea at the Terry****“The Ties That Bind”** **Ritz Chamber Players****Jacksonville University** **Show at 1:00 p.m.** |
| 28 Morning Movie 9:30 a.m. | 29**Field Trip:** Walmart Supercenter10 a.m. | 30 Smart Cremation w/Nettie Sams Presentation 9:30 a.m. |  |  |