



2014
RULES OF COMPETITION
Florida International Senior Games
&
State Championships

RULES OF COMPETITION

2014 FLORIDA INTERNATIONAL SENIOR GAMES & STATE CHAMPIONSHIPS

The following rules of competition, prepared for the Florida International Senior Games & State Championships, are based upon those set forth by the National Senior Games Association (NSGA), Florida Sports Foundation and the recognized National Governing Body for each sport. For the Senior Games, however, some sport rules have been modified and/or revised in the best interest of the competitors.

These rules of competition have been approved by the Florida Sports Foundation. These rules may be subject to change prior to the event.

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2014 FLORIDA INTERNATIONAL SENIOR GAMES & STATE CHAMPIONSHIPS
Rules of Competition – Summary of Changes

Non-Ambulatory Sports:	Various rule additions to accommodate the addition of Non-Ambulatory divisions in Bowling, Horseshoes and Shuffleboard.
Fencing:	New Sport. Various rule additions to accommodate the addition of this sport.
Pickleball:	Now requires qualifying at a Florida Local Senior Games / no longer considered an “Open” sport.
Javelin:	Javelin added as a “Limited” event, due to lack of qualifying opportunities.
Rules E Doubles Partners:	Clarification that doubles teams cannot play outside of their age group.
Rule F Teams:	Non-players do not apply to roster change limits.
Basketball 3 on 3:	Various rule changes to allow Basketball Shooting participants to form Basketball 3 on 3 teams.
Basketball 3 on 3:	Change in procedure for breaking ties for seeding.
Basketball 3 on 3:	Sport Rule 4 changing game to two 15 minute halves.
Basketball 3 on 3:	Sport Rule 7 rule changes for rule violation penalties.
Basketball 3 on 3:	Sport Rule 14 rule change for bonus.
Golf:	Clarification on eligibility of PGA members.
Racquetball:	Addition of Mixed Doubles.
Table Tennis:	Minor format changes.
Track & Field:	Change in USATF Rule # pertaining to apparel.
Track & Field:	Women’s 75+ Javelin Weight – 400 grams
Volleyball:	Two Liberos are permitted and may be changed from set to set and not have to be designated for their match.

**2014 FLORIDA INTERNATIONAL SENIOR GAMES & STATE CHAMPIONSHIPS
MENU OF EVENTS**

ARCHERY	Compound Fingers, Compound Release, Recurve, Barebow Compound, Barebow Recurve
BAG TOSS	Singles
BASKETBALL	Three on Three Half Court Free Throw Shooting, Spot Field Goal Shooting, and Timed Field Goal Shooting
BILLIARDS	8-Ball Singles, Doubles, 9-Ball Singles
BOCCE	Team (4 member)
BOWLING	Singles, Doubles, Mixed Doubles, Non-Ambulatory Singles
BOWLING – TEAM	Men, Women, Mixed
CROQUET	Golf Singles, Golf Doubles
CYCLING	5K, 10K (Time Trials) 20K, 40K (Road Race)
FENCING	Epee, Foil and Sabre
GOLF	18 Holes – Scratch
HORESESHOES	Singles, Non-Ambulatory Singles
PICKLEBALL	Singles, Doubles, Mixed Doubles
POWERLIFTING	Bench Press, Dead Lift
POWER WALK	5K Power Walk
RACE WALK	USATF 5K Race Walk, 1500 meter
RACQUETBALL	Singles, Doubles, Mixed Doubles
ROAD RACE	5K, 10K
SHUFFLEBOARD	Singles, Doubles, Non-Ambulatory Singles
SWIMMING	Backstroke: 50, 100, 200 Yard Breaststroke: 50, 100, 200 Yard Butterfly: 50, 100 Yard Freestyle: 50, 100, 200, 500 Yard, Relay Individual Medley: 100, 200 Yard (4 strokes), Relay

TABLE TENNIS	Singles, Doubles, Mixed Doubles
TENNIS	Singles, Doubles, Mixed Doubles
TRACK & FIELD	Discus, High Jump, Javelin, Long Jump, Pole Vault, Shot Put, Triple Jump, 50m, 100m, 200m, 400m, 800m, 1500m, 4 x 100m relay
VOLLEYBALL	Indoor Volleyball

GENERAL RULES

Following are the qualifying procedures and rules of competition governing the 2014 Florida International Senior Games & State Championships. The Games will be held December 6 – 14, 2014 in Lee County, Florida.

A. STATE CHAMPIONSHIPS QUALIFYING DATES

The qualifying period for the 2014 Florida Senior Games State Championships is from January 1, to November 15, 2014.

Competition completed after November 15, 2014 will not be considered for qualifying for the 2014 Florida International Senior Games & State Championships.

B. AGE FOR COMPETITION AT STATE CHAMPIONSHIPS QUALIFYING SITES

Age divisions for all competition at Florida Local Senior Games Qualifiers shall be determined as follows.

Age divisions for all singles competition will be determined by the athlete's age as of December 31, 2014. Age divisions for all doubles and mixed doubles competition will be determined by the younger age of the two players as of December 31, 2014.

Age division for all team competition will be determined by the age of the youngest team player as of December 31, 2014. For example, a team consisting of eight players 65 or over and one player age 63 will compete in the 60+ age division.

The following age categories will apply to both men and women for all individual and doubles competition, except **Fencing** and Powerlifting:

50-54; 55-59; 60-64; 65-69; 70-74; 75-79; 80-84; 85-89; 90-94; 95-99; and 100+

All team sports (except Bocce and Team Bowling) are divided into the following categories for both men and women:

50+; 55+; 60+; 65+; 70+ and 75+ (80+ division will be offered for Basketball 3 on 3)

Florida Local Senior Games Qualifiers may reserve the right to combine age groups if numbers are not conducive for tournament play. Final qualification results must be determined by the age groups defined above, however awards are determined at the discretion of the Florida Local Senior Games Qualifier. Age groups greater than 10 years difference should be avoided if possible.

Florida Local Senior Games Qualifiers may reserve the right to offer intergenerational events or masters divisions. However these age groups shall not be considered official Florida Senior Games competition and will not qualify an athlete for the Florida International Senior Games & State Championships.

C. AGE FOR COMPETITION AT FLORIDA INTERNATIONAL SENIOR GAMES & STATE CHAMPIONSHIPS

Age divisions for all singles competition will be determined by the athlete's age as of December 31, 2014. Age divisions for all doubles and mixed doubles competition will be determined by the younger age of the two players as of December 31, 2014.

Age division for all team competition will be determined by the age of the youngest team player as of December 31, 2014. For example, a team consisting of eight players 65 or over and one player age 63 will compete in the 60+ age division.

The following age categories will apply to both men and women for all individual, doubles and relay competition, except Fencing and Powerlifting:

50-54; 55-59; 60-64; 65-69; 70-74; 75-79; 80-84; 85-89; 90-94; 95-99; and 100+

All team sports (except Bocce and Team Bowling) are divided into the following categories for both men and women:

50+; 55+; 60+; 65+; 70+ and 75+ (80+ division will be offered for Basketball 3 on 3)

Bocce will not offer age divisions and will be divided by gender. Team Bowling will offer 10-year age divisions. Fencing will offer Veterans divisions of 50+, 60+, 70+ and 80+. Powerlifting will offer a combination of age and weight classes. Some sports reserve the right to combine age groups. It is the responsibility of the athlete to provide appropriate photo identification proving age and residency upon request.

In some instances, the Florida Sports Foundation may reserve the right to offer intergenerational events or masters divisions. These age divisions will not be considered official Florida International Senior Games & State Championship competition and will not qualify for the National Senior Games.

D. QUALIFICATION FOR “OPEN” AND “LIMITED” EVENTS (APPLICABLE TO STATE CHAMPIONSHIPS ONLY)

1. The Florida Sports Foundation defines an “OPEN” event as one in which a Florida athlete is not required to participate in a Florida Local Senior Games Qualifier in order to compete at the State Championships. Archery, Badminton, Bag Toss, Billiards, Bocce, Croquet, Fencing, Powerlifting, Race Walk, Racquetball, Road Race and Volleyball are considered “OPEN” events. In addition, the non-ambulatory divisions of Bowling, Horseshoes and Shuffleboard are considered “OPEN” events.
2. The Florida Sports Foundation defines a “LIMITED” event as one in which an athlete may not find suitable opportunities for State Championships qualification at a Florida Local Senior Games Qualifier. Javelin and Pole Vault are considered to be a “LIMITED” event. In order to qualify in a “LIMITED” event, one must show proof there is no reasonable opportunity to participate in a Florida Local Senior Games Qualifier. If competition is not available, an athlete may request to be included as qualified for the State Championships. Track & Field and Swimming athletes wishing to compete in relays must qualify in that sport.

E. DOUBLES PARTNERS

Teams for doubles/mixed doubles events must consist of two Florida residents in order to be considered an in-state doubles team. Teams consisting of one in-state player and one out of state player will be considered a non-resident doubles team.

Doubles partners who qualify together do not have to play together at the Florida Senior Games State Championships. Any player must have qualified at a Florida Local Senior Games Qualifier in order to compete at the State Championships.

Billiards, Bowling, Pickleball, Racquetball, Table Tennis and Tennis doubles partners must be of the same gender. Note: These events also have a separate mixed doubles event except for

Billiards. Shuffleboard doubles may be of mixed gender. All doubles and mixed doubles pairs **must** compete in the age division of the younger partner as of December 31, 2014. Athletes may compete with only one partner per event.

F. TEAMS

For the State Championships, a maximum of 3 players and/or coaches may be added to a roster following qualification at a Florida Local Senior Games Qualifier for Basketball. Players and/or coaches added after qualification at a Florida Local Senior Games Qualifier do not have to participate at a Local Senior Games Qualifier. Non-player(s) added to a roster are not subject to player addition limits, but the total number of team members may not exceed the roster limit for the sport.

New teams may be formed from athletes who competed in Basketball Shooting at a Florida Local Senior Games Qualifier.

All registration and team rules apply to non-playing coaches, non-playing captains and non-playing bench personnel with the following exceptions:

1. Non-playing coaches, non-playing captains or non-playing bench personnel may represent more than one team in the same sport, each of which must be in different age divisions.
2. Non-playing coaches, non-playing captains or non-playing bench personnel are not subject to age and gender requirements.
3. Athletes may compete with only one team per sport. Athletes who compete in a team sport may serve as a non-playing coach, non-playing captain or non-playing bench representative for additional teams in the same sport, provided the teams are in different age divisions.
4. Non-playing coaches, non-playing captains or non-playing bench personnel are not required to meet qualifying standards for their sport.

Athletes may compete on only one roster per sport. Rosters will be limited to 10 for Basketball, 4 for Bocce, 5 for Team Bowling and 15 for Volleyball. Please see Rule H for residency definition. In-state teams are no longer limited to the number of out-of-state players permitted. Team residency must be **declared** by the team captain at the time of registration, and is subject to approval by the Florida Sports Foundation. Teams may not change residency designation once the final schedule has been published. Final rosters must be submitted at the designated check-in time for that sport. Once final rosters have been submitted, no roster changes will be permitted.

Age divisions for all team competition will be determined by the age of the youngest team player as of December 31, 2014.

G. DEFAULT

Athletes/Teams that default during pool play for reasons other than verifiable medical reasons shall not be permitted to advance to the championship or consolation brackets. Athletes/Teams that default during championship play shall not be eligible to receive awards except where such forfeit is the result of a verified medical reason. In the event of such a default, the award spot will be left open and subsequent places will not be moved up.

H. OUT OF STATE RESIDENTS

Out of state individuals and teams may compete at the Florida International Senior Games and are not required to qualify. Out of state individuals and teams may not compete in the State Championships.

The Florida Sports Foundation's definition of an athlete's state residence is that state in which the person resides for at least six months out of the year.

I. DETERMINING WHO QUALIFIES FOR THE FLORIDA SENIOR GAMES STATE CHAMPIONSHIPS

Florida Local Senior Games Qualifiers are responsible for providing the Florida Sports Foundation a summary of qualified participants. Florida Local Senior Games Qualifiers that permit and encourage participation by out-of-state residents are classified by the Florida Sports Foundation as "OPEN" (not to be confused with an "OPEN" event).

Each event allows for a specific number of qualifiers, which is outlined in the sports specific pages of this rulebook. If out-of state residents are participating in a division at an "OPEN" Florida Local Senior Games Qualifier, they will not take away a qualifying spot from a state resident. "OPEN" Games will qualify the number of state residents specified for each event for the State Championships.

Competition must take place to determine qualifiers for the State Championships. If there is only one individual entered in an age group, that athlete must enter and complete the event in order to be given the gold medal and to qualify for the Florida Senior Games State Championships. Athletes should be placed in the age division nearest their own in order to compete. Limited and open events are the exception.

J. DETERMINING WHO QUALIFIED FOR THE NATIONAL SENIOR GAMES

2014 is a qualifying year for the 2015 National Senior Games. National Senior Games qualifying rules are available online at www.nsga.com and can be found on the sport specific pages of this rulebook. **Note: qualifying standards are subject to change by NSGA. Athletes should check www.nsga.com for possible changes in qualifying standards throughout the year.** Out of state players/teams will not take the place of an in-state team. The Florida International Senior Games & State Championships may utilize a qualifying down process to allow the appropriate number of in-state athletes/teams to qualify, while also allowing out of state athletes/teams to qualify.

K. PROFESSIONAL ATHLETES

Professional athletes shall not be eligible to compete in the Florida International Senior Games & State Championships in the sport in which they are or were a professional until 20 years after the date they last competed as a professional. They may compete in other sports in which they have not competed professionally.

A professional is someone who competes in a sport for money as a primary source of personal revenue. People who compete in a sport in which minor amounts of money are given as prizes are not deemed professionals. Individuals whose primary activity is teaching a sport but who occasionally play for a minor amount of money are also not deemed professionals.

The Florida Sports Foundation defines a professional athlete based upon NSGA rules governing professional athletes and reserves the right to determine professional status based on established NGB standards and professional competition history.

L. UNIFORMS AT THE FLORIDA INTERNATIONAL SENIOR GAMES & STATE CHAMPIONSHIPS

INDIVIDUALS: All athletes must wear athletic type clothing and shoes that are usual and customary for the sport in which they are competing. Street type clothing and shoes that are inappropriate may cause disqualification. Event Directors have been given authorization by the Florida Sports Foundation to make this determination.

TEAM UNIFORMS: Team clothing (shirts, pants, shorts) must be of like design and color. Jersey's numbered front & back are highly recommended. Refer to each sport for specific details.

Uniforms shall be free of inappropriate symbols or wording.

M. PROTEST POLICY

Any person desiring to make a protest with regard to any aspect of a sport competition must do so within the guidelines outlined by each sport's governing body. If the governing body does not address policies for protest, then the following policy will be implemented. Any person desiring to make a protest with regard to any aspect of a sport competition at the Florida International Senior Games & State Championships shall make such protest to the Event Director of the sport in question. Initial protests may be oral or written. If an oral protest is denied, a written protest may subsequently be submitted to the Event Director provided it is done within thirty (30) minutes of the conclusion of the game, match, heat or event under protest. If a written protest is submitted, the Event Director will evaluate the protest and render a decision. If the Event Director's response to a written protest is such that a further hearing is desired, a protest may be made to the Florida Sports Foundation's Sr. Vice President. This may be done only after the Event Director denies a written protest. All decisions by the Florida Sports Foundation are final and not subject to further appeal.

N. EVENT ENTRY LIMITS

Athletes may enter as many sports or events within a sport with three exceptions. In Swimming, an athlete may enter a maximum of six individual events. In Tennis, athletes may enter only two events. In Archery, athletes may enter only one event.

O. REQUIRED CREDENTIALS

Any player unable to provide the required credentials on the playing field shall be declared ineligible to compete until he/she can produce them. A manager may request verification of a player's eligibility. Should a player play and be unable to provide the required credentials, he/she or his/her team will forfeit all games in which the player participated. A valid government issued photo identification card, such as a driver's license, shall be the only age and residency proof accepted.

P. NATIONAL GOVERNING BODY RULES

All sports/events shall be governed by the rules of the national Governing Body (NGB) for that sport as modified herein in the best interest of the participants. All rules shall apply as stated in the NGB/Florida Senior Games State Championships rulebooks. NGB rulebooks in effect on the opening day of the Florida Senior Games shall govern the 2013 Florida International Senior Games & State Championships. In the case of conflict between NGB and FSG rules, FSG rules shall govern.

Q. HOW TO SUGGEST A RULE CHANGE FOR SUBSEQUENT FLORIDA SENIOR GAMES

If you have suggestions on rules changes, send them to the Florida Sports Foundation's Sr. Vice President. The timeline for review of these suggestions is as follows:

1. Athletes, coordinators and others must submit rules proposals to the Sr. Vice President of the Florida Sports Foundation 30 days after the completion of the Florida International Senior Games & State Championships.
2. The Florida Sports Foundation will develop recommendations for rules changes and make a determination within 60 days of the completion of the Games.

R. HOW TO SUGGEST THAT A SPORT BE ADDED TO THE FLORIDA SENIOR GAMES

You may contact the Florida Sports Foundation's Sr. Vice President if you would like to suggest adding a new sport and/or event to the menu. Using a Request for New Sport/Event form, you must submit this request in writing to the Sr. Vice President. New sport additions will be determined by October of the year prior to that in consideration.

S. CODE OF CONDUCT

Participation in the Florida International Senior Games & State Championships as a player, coach or spectator is a privilege to be attained by meeting the standards of good sportsmanship and appropriate conduct as defined in this rule and in the rules governing each individual sport. The Florida Sports Foundation reserves the right to disqualify any player, coach or spectator from further participation or attendance in the Florida International Senior Games & State Championships for inappropriate conduct including but not limited to the following:

- Physical or verbal assaults or threats
- Unsportsmanlike or disorderly behavior
- Improper use of alcohol and/or drugs
- Destruction of property
- False representation of age, residency or eligibility

Athletes and coaches are responsible for knowing, understanding and following the rules, policies and code of conduct for their sport. Any player, coach or team ejected from a sporting contest shall, as a minimum, be ineligible to participate or attend the next contest for that sport. Violent acts may result in charges being brought against the individual(s). A complaint by a Games athlete, coach, volunteer or official must be addressed to the Event Director of that particular sport. Appeals may be made to the Florida Sports Foundation Sr. Vice President. The decision of the Sr. Vice President is final.

T. POLICY FOR GOVERNING DETERMINATION OF GENDER

The Florida Sports Foundation does not routinely require its participants to provide proof of gender. There may, however, be the rare circumstances in which an athlete's gender may be called into question.

In these circumstances, an athlete shall be considered to have provided adequate proof of gender by presenting one of the following documents. Birth certificates shall not be accepted

1. A valid photo identification card, such as a driver's license, passport or green card that states the athlete's gender.
2. A copy of a valid in force medical or health insurance policy that unequivocally states the athlete's gender.

U. BANNED SUBSTANCE POLICY

Except for the sport of Powerlifting, the Florida Sports Foundation does not currently test for banned or performance enhancing drugs. If an athlete is found to be using drugs by any other agency, they will also be banned from future Florida Senior Games competition.

V. ABLE BODIED ATHLETE POLICY

The Florida Sports Foundation encourages participation of from all athletes 50 and over. At the discretion of the Foundation, athletes with physical disabilities may be allowed to compete with able bodied athletes insofar as any and all handicap devices used by the athlete falls within certain rules and regulations to ensure fairness in competition.

The Foundation will abide by the rules of the National Governing Body (NGB) of the athlete's sport to govern circumstances regarding athletes with disabilities in able-bodied competition for specific sport instances. The use of any technical device that incorporates springs, wheels or any other element that provides the user with an advantage over another athlete not using such a device will be prohibited in athletic competition. However, the Foundation reserves the right to create a special division for athletes utilizing technical devices on a case by case basis.

The Florida Sports Foundation has added specific non-ambulatory divisions for Bowling, Horseshoes and Shuffleboard.

ARCHERY

EVENTS

Compound Finger
Compound Release
Recurve
Barebow Compound
Barebow Recurve

STATE CHAMPIONSHIPS QUALIFYING RULES

OPEN – no qualifying required

ENTRY REGULATIONS

Archers may only compete in one style.
Archers must provide their own bows and target arrows.

FORMAT

1. The “900” American round will be used for all competition.
2. 90 arrows will be shot as follows: 30 arrows from 60 yards (5 ends of 6 arrows), 30 arrows from 50 yards (5 ends of 6 arrows), 30 arrows from 40 yards (5 ends of 6 arrows).
3. Ends will be shot in 1 set of 6 arrows with five minutes allowed for each end to be shot. Three or four archers will be grouped per target shooting in two lines (A & B). Archers will rotate with their target mates after each end (A-B, B-A, etc).

SPORT RULES

1. All archery events will be conducted in accordance with NAA (National Archery Association), NFAA (National Field Archery Association) and FAA (Florida Archery Association) rules, except as modified herein. For a copy of those rules please visit or contact:

National Archery Association
4065 Sinton Road, Suite 110
Colorado Springs, Colorado 80907
(719) 866-4576
www.usarchery.org

National Field Archery Association
800 Archery Lane
Yankton, SD 57078
(605) 260-9279
www.nfaa-archery.org

Florida Archery Association
1710 SW 76th Terrace
Gainesville, Florida 32607-3418
(352) 332-1969
www.floridaarchery.org

2. ‘X’ ring hits will be kept on the scorecard by all competitors and will be used as a tiebreaker. If still tied, the number of ‘10’ ring hits will be used, then ‘9’ ring hits, and so on until the tie is broken.
3. Whistle system: 2 = go to line, 1 = shoot, 3 = advance to score, 4 or more = emergency stop.
4. Regulation FITA 122-centimeter (48-inch) five-color target faces will be used. Scoring values are: Gold (10-9), Red (8-7), Blue (6-5), Black (4-3), White (2-1), 10-ring scoring. At the

discretion of the Director of Shooting, replacement centers may be used to repair a target face during competition.

5. Bows must conform to FITA rules in the Recurve event.
6. Compound bows may not exceed 80 pounds draw weight and arrow speed may not exceed 300 feet per second plus or minus 3 percent.
7. Targets will **NOT** be marked for hits. A witnessed bounce out or pass through will be shot over. If an arrow countersinks or destroys another arrow in the target and then bounces back, that arrow shall count the score of the arrow it destroyed.
8. Should equipment failure occur, a 30-minute repair time will be allowed with no disruption of the shooting line. A maximum of two ends may be made up at the discretion of the Director of Shooting.
9. No broadheads will be permitted.
10. Field glasses or scopes are permitted for spotting arrow hits. Scopes may be placed on the shooting line provided they do not disrupt the shooting of the adjacent archer. Scopes shall be removed from the line between ends if not utilized by the other archer shooting in that space.
11. Dividing lines are part of the higher scoring ring. The arrow shaft must only touch the color or dividing line between scoring zones to score the high value.
12. Two archers at each target will keep the double set of scorecards. Scores shall be compared after each end. If the scorecards do not agree after arrows have been removed from the target, then the lower score shall be the official score. The winner in each style/age group shall be the archer scoring the highest number of points in the single 900 round.
13. Archers will not be required to wear white or blue attire, however, they will be expected to wear clothing appropriate for a state championships event.

NATIONAL SENIOR GAMES QUALIFYING RULES

1. All first-, second-, third- and fourth-place winners or athletes meeting this sport's NSGA minimum performance standards in competition at the 2014 Florida International Senior Games and State championships will qualify for the 2015 National Senior Games.
2. An archer may enter only the style in which he/she has qualified.

NSGA MINIMUM PERFORMANCE STANDARDS

SUBJECT TO CHANGE

CHECK WWW.NSGA.COM FOR CURRENT STANDARDS

Minimum Required Score			
	Barebow	Limited*	Unlimited**
Men	425	600	700
Women	400	575	675

STATE DIRECTOR

Tim Austin

(352) 332-1969

Email: flarchery@earthlink.net

BADMINTON

EVENTS

Singles

Doubles

Mixed Doubles

STATE CHAMPIONSHIPS QUALIFYING RULES

OPEN – no qualifying required

Note: Sunshine State Games will serve as the National qualifier for Badminton.

ENTRY REGULATIONS

1. Athletes may compete with only one partner per event.
2. The age division of competition for Doubles and Mixed Doubles will be determined by the younger age of the two partners.
3. Competitors must bring their own racquets. Natural feathered shuttlecocks will be provided.

FORMAT

1. Tournament format will be single elimination with a consolation bracket for first round losers.
2. Event Director reserves the right to alter the format, including the use of a round-robin format, based upon participant numbers.
3. A match consists of best two out of three games.
4. All games will be to 21 points. Players must win by a minimum of two points, unless a player has reached 30 points.
5. New rally scoring will be utilized.

SPORTS RULES

All matches will be conducted in accordance with USA Badminton (USB) rules. For a copy of these rules, please write or call:

USA Badminton (USAB)
One Olympic Plaza
Colorado Springs, CO 80909
(719) 866-4808
www.usabadminton.org

NATIONAL SENIOR GAMES QUALIFYING RULES

1. All first-, second-, third- and fourth-place winners at the 2014 Sunshine State Games will qualify for the 2015 Summer National Senior Games.
2. Athletes must qualify in each badminton event (singles, doubles, mixed doubles) in which they wish to compete at the 2015 National Senior Games, except when Rule E applies.

STATE DIRECTOR

Dave Zarco

(305) 798-2816

Email: zarcoprosplash@gmail.com

BAG TOSS

EVENTS

Singles

STATE CHAMPIONSHIPS QUALIFYING RULES

OPEN – no qualifying required

ENTRY REGULATIONS

Bags and boards shall be provided.

FORMAT

1. Matches will be best 2 out of 3 games.
2. Each game is divided into a maximum of 8 frames or the first person to score 21 points, whichever comes first. If the score is tied after 8 frames, one additional frame will be played to determine a game winner.
3. A single coin toss will determine choice of throwing side, who throws first and choice of bag color. The winner of the coin toss will be considered Player A and chooses side and bag color. Player B will have choice of side and throw first in game 2. Game three, Player A will throw first and have choice of side. Players will compete with the same color bags for the entire 3 games.
4. Single elimination is planned.
5. The tournament director reserves the right to change the format based on total number of athletes in a division.

SPORT RULES

1. All matches will be conducted in accordance with United Bag Toss League (UBTL) rules, except as modified herein.
2. Boards shall be 24" x 48". The hole shall be 6" in diameter, centered 9" from the top of the board and 12" from each side edge. The front of the board is 3" – 4" from bottom to top. The back of the board is 12" from bottom to top. The angle of the back legs to the board should be approximately 109 degrees. The playing surface should be finish-sanded to a smooth texture. There should be no blemishes in the surface that might disrupt or distort play. The playing surface can be painted with a high gloss latex paint or varnish. The surface should allow bags to slide when thrown, but not so slippery that bags slide back down the platform. There shall be 8 bags; 4 each of two different colors. The bags shall be 6" x 6" square and weigh 1 pound each and the preferred (not required) filling is corn. A canvas like durable material is recommended.
3. For men 70+ and all women, the boards shall be measured to be 20' apart (front of board to front of board). For men 50 – 69, the boards shall be measured to be 24' apart (front of board to front of board).
4. 1 point shall be awarded per bag on the board. 3 points for every bag that is thrown or knocked into the hole. Bag cancellation method will apply. For example, if both players have 1 bag each in the hole, zero points are awarded. If one player has 1 bag in the hole and the other player has 1 bag on the board, 2 points will be awarded.
5. A bag that comes into contact with the ground before the board is not a legal throw and will be removed from play and point consideration. A bag that is touching the ground while also sitting on the board will also be removed from play and point consideration. A bag must completely clear the hole to be in the hole. A bag hanging partially in the hole is a bag on board, not in the hole.
6. All bags are scored depending on where they are after all 8 bags have been thrown. Sometimes, the bags are pushed off the boards or slide into the hole after they are thrown. Scoring is calculated on the final spot of the bags whether it be on the board or in the hole.

7. The line extending parallel to the front of the board is considered the foul line.
8. The following actions shall be considered fouls:
 - a. Thrower stepping over the foul line.
 - b. Thrower throws out of turn.
 - c. When alternating turns, a player tosses his/her bag before the previously thrown bag comes to rest on the board.
9. The following penalties shall be assessed for fouls.
 - a. One foul: warning and opponent chooses to have a re-throw or not.
 - b. Subsequent fouls after warning: Loss of turn, bag is removed from that frame's scoring.

NATIONAL SENIOR GAMES QUALIFYING RULES

Bag Toss is not a part of the National Senior Games program.

STATE DIRECTOR

Joe Montgomery unitedbagtossleague@gmail.com

BASKETBALL

Three on Three Half Court

EVENTS/EVENT CODES

Three on Three Basketball

STATE CHAMPIONSHIPS QUALIFYING RULES

Top 5 in each age group at Local Games Qualifying site. Teams may also be formed from athletes competing in Basketball Shooting at a Local Games Qualifying site. (Note: qualifying is only applicable to the State Championships – Florida resident divisions).

ENTRY REGULATIONS

1. Teams must be of all one gender, there are separate tournaments for each gender.
2. Team rosters shall be limited to 10 persons, including non-playing coaches, non-playing captains and non-playing bench personnel. See Rule F for definition of residency and rules regarding roster changes.
3. Athletes may play on only one basketball team.
4. Age divisions for all team competition will be determined by the age of the youngest team member.
5. For the State Championships, a maximum of three players may be added to a roster following qualification at a Florida Local Senior Games Qualifier. Players added after qualification at a Florida Local Senior Games Qualifier do not have to participate at a Local Senior Games Qualifier.

FORMAT

1. If numbers are conducive, teams will be divided into pools within their age divisions. Within each pool a single round-robin tournament will be played. At the conclusion of the round robin, winners will advance and play a single-elimination tournament.
2. Ties for seeding will be broken in the following manner:
 - a. Overall record
 - b. Head-to-head competition
 - c. Point differential – a maximum of 13 points will be awarded towards point differential, regardless of final score.
 - d. Coin toss
3. Forfeits shall be scored 7-0.
4. Event Director reserves the right to modify format based on number of teams.
5. Teams are guaranteed three games.
6. Teams will not play more than three games in a day.
7. **COMPETITION BALLS WILL BE PROVIDED.**

SPORT RULES

1. This tournament will be conducted in accordance with National Collegiate Athletic Association (NCAA) rules, except as modified herein. For a copy of these rules, visit or contact:

National Collegiate Athletic Association
700 W. Washington Street
Indianapolis, IN 46206-6222
(317) 917-6222
www.ncaa.org

2. Teams must have a minimum of three players on the floor to start a game. Teams may continue/finish with a minimum of two players on the floor.

3. The game shall be played on half court by two teams of three players each, including a maximum of seven substitutes.
4. Playing time shall be two halves of 15 minutes of a continuously running clock with an intermission of five minutes. In the last two minutes of each half, the clock will stop in accordance with normal basketball rules.
5. A tie score at the end of regulation time will result in a three-minute stop clock overtime period with ball possession determined by a coin flip. If the game is still tied, subsequent three-minute periods shall be played until the tie is broken.
6. Two timeouts are permitted per team per half. If a game proceeds to overtime, each team shall receive no more than one additional timeout, regardless of the number of overtimes. Timeouts shall be 30-seconds in duration. The clock will not run during timeouts.
7. Substitutions may be made after a basket, a foul shot, stoppage of play or any other time an official beckons the player onto the court.
 - a) Players MUST be beckoned onto the court by the referee. Entering the court without being beckoned will result in a warning from the official; all subsequent violations will result in a technical foul.
 - b) Only the offensive (inbounding) team can initiate a substitution after a made basket or free throw (when it is the final free throw taken).
 - c) The defensive team can only substitute after a made basket or free throw (when it is the final free throw taken) if the offense is substituting at that time. Violating this rule will result in a warning from the official; all subsequent violations will result in a technical foul.
 - d) On all stoppage of play (i.e., violations such as traveling, double dribble, three seconds, or out of bounds, etc.) either team can substitute as long as they request to sub prior to the inbounder having the ball in the throw-in area.
8. Deliberate stalling or attempts to freeze the ball shall result in a technical foul and loss of ball possession. During the last two minutes of the ball game and during any overtime period, teams must attempt a shot within approximately 20 seconds as determined by the referee.
9. The winner of the coin toss shall take the first possession. Possession at the start of the second half shall be determined by the possession arrow. Ball possession changes hands after each basket unless a technical or personal foul is awarded.
10. The game shall be played using the three-point line as the “check line.” The ball shall be returned to a point behind the check line after each change of possession as follows:
 - a) After a made basket and all dead ball situations, the ball shall be placed in play from the top of the key. The ball must be advanced into play by means of a pass to a teammate. The inbounding team players are prohibited from entering the three-second lane (the key) until the inbounding teammate actually takes possession of the ball at the throw-in area.
 - b) After a turnover or defensive rebound, the ball may be returned to any point behind the check line. The player returning the ball behind the check line shall be in possession of the ball with both feet behind the line. The ball does not have to pass behind the 3-point line; only the player’s feet. The penalty for failure to be in possession of the ball with both feet behind the line shall be loss of possession. The player who returns the ball behind the line may maintain possession and attempt to score.
11. Following a made basket or dead ball, the ball shall be put in play within five seconds from the time the ball is in the throw-in area. If the ball is not put in play within five seconds it shall be a violation, and possession shall be awarded to the defense with no change in the possession arrow. Dribbling will result in a replay.
12. Player limitations during inbounding:
 - a) The inbounder must be within 3 feet of the three-point line and must stay within the free throw lane extended area (12 feet wide), an area referred to as the throw-in area.
 - b) The defense may defend anywhere on the court, however no player may enter the throw-in area to defend the inbounder.

- c) The inbounder's teammates may not receive the inbound pass within the "out of bounds area" which is the area behind the three point line, free throw lane extended.
- 13. A player is disqualified on his/her fifth foul. Technical fouls will be assessed in accordance with NCAA rules.
- 14. All personal and technical fouls shall be counted against a team total. On the seventh team foul, a bonus shall be awarded for the remainder of the game. Team fouls carry over into the second half and overtime periods. Penalties for fouls shall be as set forth below.
- 15. Prior to the seventh team foul:
 - a) any common foul shall result in loss of possession for the offending team;
 - b) any player control foul shall result in disallowing a converted basket and loss of possession;
 - c) any shooting foul with a missed basket shall result in two free throws, and the offended team shall retain possession;
 - d) and any shooting foul with a converted basket shall result in the basket being awarded along with one free throw, and the offended team shall retain possession.
- 16. Beginning with the seventh team foul:
 - a) any common foul shall result in a single free throw and the offended team shall retain possession;
 - b) any player control foul shall result in recording the foul and a change in possession.
 - c) any shooting foul with a missed basket shall result in two free throws (three for a three-point attempt), and the offended team shall retain possession;
 - d) and any shooting foul with a converted basket shall result in the basket being awarded along with one free throw, and the offended team shall retain possession.
- 17. Beginning with the 10th team foul:
 - a) any common foul shall result in two free throws, and the offended team shall retain possession;
 - b) any player control foul shall result in recording the foul and a change in possession.
 - c) any shooting foul with a missed basket shall result in two free throws (three for a three-point attempt), and the offended team shall retain possession;
 - d) and any shooting foul with a converted basket shall result in the basket being awarded along with one free throw, and the offended team shall retain possession.
- 18. During the last two minutes of each half, and during any overtime period, the automatic awarding of team possession after free throws does not apply (live rebounding will be in effect).
- 19. Team clothing must be of like design and color. Teams must have both "home" and "away" uniforms with permanently attached numbers front and back.
- 20. Three point shots are allowed. The three point line distance for both men and women will be 19'9".
- 21. Officials do not put the ball in play, except at the start of each half.

NATIONAL SENIOR GAMES QUALIFYING RULES

- 1. All first-, second- and third-place teams at the 2014 Florida International Senior Games and State Championships will qualify for the 2015 National Senior Games.
- 2. All basketball teams that compete in the 80+ age division at the 2014 Florida International Senior Games and State Championships will qualify for the 2015 National Senior Games.

STATE DIRECTOR

Richard Blalock
(352) 258-9381
Email: richardtblalock@yahoo.com

BASKETBALL

Shooting

EVENTS

Free Throw Shooting

Spot Field Goal Shooting

Timed Field Goal Shooting

STATE CHAMPIONSHIPS QUALIFYING RULES

Top 5 in each age group at Florida Local Games Qualifying site. Participants that qualify are eligible for all Basketball Shooting events. In addition, all athletes competing in Basketball Shooting events are eligible to form teams and compete in Basketball 3 on 3. (Note: qualifying is only applicable to the State Championships – Florida resident divisions).

FORMAT

1. Each event will be contested and awarded separately.
2. Competition in Free Throw Shooting will be conducted first, followed by Spot Shooting and Timed Shooting.
3. Competition balls will be provided for the convenience of the participant, but are not required to be utilized. Participants may compete with their own ball. All balls must meet NCAA ball requirements and specifications. Balls are subject to inspection at any time before, during or after competition.
 - a. The ball shall be spherical. Spherical shall be defined as a round body whose surface at all points is equidistant from the center except at the approved black rubber ribs (channel and/or seams).
 - b. The ball's color shall be Pantone Matching System (PMS) Orange 151, Red-Orange 173 or Brown 1535.
 - c. The ball shall have a deeply pebbled leather or composite cover.
 - d. The ball shall have the traditionally shaped eight panels, bonded tightly to the rubber carcass. The eight panels are defined by two channels and/or seams dissecting the ball's circumference in opposite directions and two panels that when laid flat shall have the shape of a figure eight.
 - e. The width of the black rubber rib (channels and/or seams) shall not exceed 1/4 inch.
 - f. When dribbled vertically, without rotation, the ball shall return directly to the dribbler's hand.
 - g. The air pressure that will give the required reaction shall be stamped on the ball. The ball shall be inflated to an air pressure such that when it is dropped to the playing surface from a height of 6 feet measured to the bottom of the ball, it will rebound to a height, measured to the top of the ball of:
 - i. **(Men)** Not less than 49 inches when it strikes its least resilient spot nor more than 54 inches when it strikes its most resilient spot.
 - ii. **(Women)** Not less than 51 inches when it strikes its least resilient spot nor more than 56 inches when it strikes its most resilient spot.
 - h. **(Men)** The circumference of the ball shall be within a maximum of 30 inches and a minimum of 29½ inches.
 - i. **(Women)** The circumference of the ball shall be within a maximum of 29 inches and a minimum of 28½ inches.
 - j. **(Men)** The weight of the ball shall not be less than 20 ounces nor more than 22 ounces.
 - k. **(Women)** The weight of the ball shall not be less than 18 ounces nor more than 20 ounces.

SPORT RULES

Free Throw Shooting:

1. The contestant will attempt three rounds of ten shots each from the free-throw line.
2. Each basket made is worth one point.
3. The total of all three rounds will determine the contestant's final score.
4. The ball will be rebounded for the shooter.
5. Tie breaker will consist of one additional round with five shots from the free throw line for each participant that is tied. If there is still a tie, the rounds will continue through the third round where two medals will be awarded for that place.
6. The contestant may not step over the free throw line while shooting (from the time the ball leaves his/her hand until the ball reaches the rim or backboard).

Spot Field Goal Shooting:

1. The contestant will attempt three rounds of five shots (one shot from each spot per round).
2. One shot will be taken from each of the five designated spots around the basket. The spots shall be as follows (Note: markings are based upon a court linings in accordance to NCAA guidelines):
 - Baseline shot 5.5-feet from the end line and 10-feet from each side of the basket. Two lines will be placed in a right angle making a border from the front of the rim extended and 10-feet from the basket. The contestant may not step over either line until the ball has been released. (Note: this is a 10-foot baseline shot without an angle to use the backboard)
 - Near the top corner of the free throw line on each side of the basket. For men, 4-feet from the foul line extended on each side. A 2-foot line will be placed 4-feet from the foul line extended, angled slightly toward the basket.
For women, 2-feet from the foul line and 2-feet towards the basket from the free throw line (13 feet from the front rim of the basket). A 2-foot line will be placed 13-feet from the basket and 2-feet from the foul line, angled slightly toward the basket.
The contestant must begin by standing immediately behind the line and may not change the angle of the shot by standing to either side of the line. The contestant may not step over the line until the ball has been released.
 - Top of the key (approximately 19-feet from the front of the basket for men / free throw line for women). For men, a 2-foot line will be placed at the top of the key parallel to the free throw line and 19-feet from front rim of the basket. For women, a 2-foot line will be placed at the free throw line. The contestant must begin by standing immediately behind the line and may not change the angle of the shot by standing to either side of the line.
The contestant may not step over the line until the ball has been released.
3. Each basket made is worth one point.
4. The total from all three rounds will determine the contestant's final score.
5. The ball will be rebounded for the shooter.
6. Tie breaker will consist of one additional round with five shots from every designated spot for each participant that is tied. If there is still a tie the rounds will continue until the third round where two medals will be awarded for that place.
7. Upon the discretion of the event director, Men's divisions 80 and over may be permitted to shoot from the Women's spots.

Timed Field Goal Shooting:

1. The contestant will be allowed three rounds of one minute each.
2. The contestant will begin shooting when the timekeeper calls "start."
3. The contestant can shoot from any of the indicated spots at any time during the round, with the exception that consecutive shots may not be taken from the "A" spot.

4. Each basket will be worth one to five points based on the level of difficulty. The spots and point values are as follows:
 - “A”-spot (1 point) – Spot located directly under basket. A spot will not be marked for this shot. This shot is a lay-up or any shot from inside the foul lane.
 - “B”-spots (2 points) – Baseline shot 5.5-feet from the end line and 10-feet from each side of the basket. The contestant may not step over the line until the ball has been released.
 - “C”-spots (3 points) – Near the top corner of the free throw line on each side of the basket. For men, 4-feet from the foul line extended on each side. For women, 2-feet from the foul line and 2-feet towards the basket from the free throw line (13 feet from the front rim of the basket). The contestant may not step over the line until the ball has been released.
 - “D”-spot (5 points) – Top of the key for men, free throw line for women. A 2-foot line will be placed at the top of the key parallel to the free throw line and 19-feet from the front rim of the basket for men. For women a 2-foot line will be placed at the free throw line. The contestant may not step over the line until the ball has been released.
5. Contestants attempting a shot from all six spots will earn a five point bonus for that round. The bonus can be earned for each round.
6. Contestants must rebound their own shots.
7. The combined score for all three rounds will determine the final score.
8. Tie breaker will consist of one additional round for 30 seconds for each participant that is tied. If there is still a tie the rounds will continue until the third round where two medals will be awarded for that place.
9. No bonus points will be awarded during the tie breaker.
10. Upon the discretion of the event director, Men’s divisions 80 and over may be permitted to shoot from the Women’s spots.

NATIONAL SENIOR GAMES QUALIFYING RULES

Basketball Shooting is not a part of the National Senior Games program.

STATE DIRECTOR

Richard Blalock

(352) 258-9381

Email: richardtblalock@yahoo.com

BILLIARDS

EVENTS

Eight Ball Pocket

Men's Singles

Women's Singles

Men's Doubles

Women's Doubles

Nine Ball

Men's Singles

Women's Singles

STATE CHAMPIONSHIPS QUALIFYING RULES

OPEN – does not require qualifying.

ENTRY REGULATIONS

The age division of competition for Doubles will be determined by the younger age of the two partners.

FORMAT

1. Double elimination or round robin is planned. Event Director reserves the right to modify format based on number of tournament entries.
2. Best two out of three games.

SPORT RULES

1. All games will be conducted in accordance with BCA Pool League rules of competition. For a copy of those rules please visit or contact:

**BCA Pool League
2041 Pabco Road
Henderson, NV 89011
(702) 719-7665
www.playbca.com**

2. While playing 9-ball, except for the break shot the player must designate the pocket in order to legally pocket the 9-ball.
3. The break will be determined as follow:
 - a) Opening Break – determined by lag
 - b) Second Game – loser of first game
 - c) Third Game (if necessary) – determined by lag

NATIONAL SENIOR GAMES QUALIFYING RULES

Billiards is not a part of the National Senior Games program.

STATE DIRECTOR

Bill Turecheck

(352) 430-0165

Email: billturechek@gmail.com

BOCCE

EVENTS

Teams (4 member)

FLORIDA SENIOR GAMES QUALIFYING RULES

OPEN

ENTRY REGULATIONS

1. Age divisions will not be offered. Divisions will be divided by gender.
2. Coed teams are permitted but will play in the men's division.
3. Team rosters shall be limited to 4 players including non-playing captains and coaches.
4. Athletes may compete with only one team per sport.

FORMAT

If numbers are conducive, teams will be divided into pools within their age divisions. Within each pool a single round-robin tournament will be played. The Event Director reserves the right to modify format based upon entries.

SPORT RULES

1. This tournament will be conducted in accordance with US Bocce Federation rules, except as modified herein. For a copy of these rules, please visit www.bocce.com.
2. Local club rules will apply and provided prior to the start of each tournament.

NATIONAL SENIOR GAMES QUALIFYING RULES

Bocce is not a part of the National Senior Games program.

BOWLING

EVENTS

Singles

Doubles

Mixed Doubles

Non-Ambulatory Singles

STATE CHAMPIONSHIPS QUALIFYING RULES

Top 5 in each age group at Local Games Qualifying site. Participants that qualify are eligible for all Bowling events. (Note: qualifying is only applicable to the State Championships – Florida resident divisions). Non-Ambulatory events do not require qualifying.

ENTRY REGULATIONS

1. Athletes may compete with only one partner per event.
2. Competitors are encouraged to provide their own bowling balls and shoes. House balls and shoes may be available at the competitor's expense.
3. All equipment shall meet USBC specifications. The Florida Senior Games reserves the right to inspect equipment.
4. Doubles partners must be of the same gender. Mixed doubles will be one male and one female bowler.
5. The age division of competition for Doubles and Mixed Doubles will be determined by the younger age of the two partners.

FORMAT

1. Tournament will be based on scratch scores.
2. Bowlers will be placed in divisions by age and gender.
3. Bowling times and lanes will be assigned by the Event Director.
4. Bowlers will bowl three games. Winners are determined by total pins over three games (same lane).
5. If there is a tie between any of the top 3 places, a one-game playoff will be held to determine which player received the higher medal.
6. For 4th place through 6th place, ties will be broken by the number of strikes bowled. If the score is still tied, the number of spares will decide the winner.
7. There will be no tie-breaker for 7th place and below. Both competitors will receive the same place and the next place will be left open.

SPORT RULES

1. This tournament will be conducted in accordance with the United States Bowling Congress (USBC) rules, except as modified herein. For a copy of these rules, please visit or contact:

United States Bowling Congress

621 Six Flags Drive

Arlington, TX 76011

800-514-BOWL

www.bowl.com

2. All equipment shall meet USBC specifications. The Event Director reserves the right to check equipment at any time.
3. For Non-Ambulatory events, the athlete must be seated in their wheelchair or scooter for the entire duration of competition.
4. For Non-Ambulatory events, an athlete must physically roll the ball or with the use of a ramp, as long as no one else or the chair itself helps project the ball down the lane. The athlete must be the one who impacts the energy needed for the ball to move down the lane.

NATIONAL SENIOR GAMES QUALIFYING RULES

1. All first-, second-, third- and fourth-place winners at the 2014 Florida International Senior Games & State Championships will qualify for the 2015 National Senior Games.
2. Athletes must qualify in each bowling event (singles, doubles, mixed doubles) in which they wish to compete at the 2015 National Senior Games, except when Rule E applies.

TEAM BOWLING

EVENTS

Team Bowling Men
Team Bowling Women
Team Bowling Mixed (2 Men/2 Women)

STATE CHAMPIONSHIPS QUALIFYING RULES

Open only to those bowlers qualified to compete at the 2014 Florida Senior Games State Championships singles, doubles or mixed doubles events. (Note: qualifying is only applicable to the State Championships – Florida resident divisions).

ENTRY REGULATIONS

1. Athletes may enter any or all team bowling events. Athletes may only compete on one team per event.
2. A team is made up of 4 players and may also bring one alternate. The alternate may be used at any time during competition, but must first have approval from the Tournament Director.
3. The age division of competition will be determined by the youngest team player as of December 31 of the competition year. The following age divisions will apply: 50-59, 60-69, 70-79, and 80+. The Tournament Director reserves the right to combine age divisions for competition purposes.
4. Competitors are encouraged to provide their own bowling balls and shoes. House balls and shoes may be available at the competitor's expense.
5. All equipment shall meet USBC specifications. The Florida Senior Games reserves the right to inspect equipment.

FORMAT

1. Tournament will be based on scratch scores.
2. Bowlers will be placed in divisions by age and gender.
3. Bowling times and lanes will be assigned by the Event Director.
4. Teams will bowl one set of three games. Winners are determined by total team score for the one set.
5. Fourth place ribbons will be awarded in addition to Gold, Silver and Bronze medals.

SPORT RULES

1. This tournament will be conducted in accordance with the United States Bowling Congress (USBC) rules, except as modified herein. For a copy of these rules, please visit or contact:

United States Bowling Congress
621 Six Flags Drive
Arlington, TX 76011
800-514-BOWL
www.bowl.com

2. All equipment shall meet USBC specifications. The Event Director reserves the right to check equipment at any time.

NATIONAL SENIOR GAMES QUALIFYING RULES

Team Bowling is not part of the National Senior Games program.

STATE DIRECTOR

Bob Peters
(239) 690-9951
Email: tournamentbob@aol.com

CROQUET

EVENTS

Golf Croquet – Singles

Golf Croquet - Doubles

STATE CHAMPIONSHIPS QUALIFYING RULES

Open – no qualifying is necessary.

ENTRY REGULATIONS

1. The National Croquet Center (NCC) shall provide all equipment including balls and mallets.
2. Competitors are required to wear flat soled shoes and white (or very light colored) clothing.
3. Players may use their own personal mallets. See www.croquetamerica.com for rules regarding acceptable mallet specification if you have questions. If the contestant does not have a mallet and requests one, the NCC will provide it.
4. Single players will be evaluated and assigned an appropriate partner, if available, for the doubles games, or they may designate a partner at signup.

FORMAT

1. Tournament format will be two sets of two games of doubles, changing partners (unless at signup a designated team is declared) and opponents for each game, plus one set of two singles games.
2. Each game will be played to seven points, with the points for each game applied to each individual's score, along with number of wins. The number of single wins and points will be added to each contestant's score as well. The total number of wins will determine the winning individual with the total number of points used in the case of ties, and record against in case of further tie.
3. The Event Director reserves the right to alter the format based on the number of participants.
4. Players, regardless of gender or age will play together, although awards will be based upon five year increments and gender.

SPORT RULES

This tournament will be conducted in accordance with United State Croquet Association (USCA) Golf Croquet rules, except as modified herein. For a copy of these rules, please visit or contact:

United States Croquet Association
700 Florida Mango Road
West Palm Beach, Florida 33406
(561) 478-0760
www.croquetamerica.com
usca@msn.com

NATIONAL SENIOR GAMES QUALIFYING RULES

Croquet is not part of the National Senior Games program.

SPORT DIRECTOR

Marie Sweetser

Membership.director@croquetnational.com

CYCLING

EVENTS

- 5K Time Trials
- 10K Time Trials
- 5K Time Trials (Recumbent Bicycle Division)
- 10K Time Trials (Recumbent Bicycle Division)
- 5K Time Trials (Modified Bicycle Division)
- 10K Time Trials (Modified Bicycle Division)
- 20K Road Race
- 40K Road Race

STATE CHAMPIONSHIPS QUALIFYING RULES

Top 5 in each age group at Local Games Qualifying site. Participants that qualify are eligible for all Cycling events. (Note: qualifying is only applicable to the State Championships – Florida resident divisions).

ENTRY REGULATIONS

1. Cyclists must provide their own bicycles and helmets.
2. All bicycles must be certified by race officials prior to the competition.

FORMAT

1. Starting times for the time trials will be at equal intervals, usually one minute, but no less than thirty seconds. No allowances will be made for mishaps, mechanical or otherwise.
2. Starting order for the time trials will be from youngest to oldest starting with males and ending with females.
3. Time Trials Modified divisions will begin prior to the youngest male rider of the standard Time Trials. Starting order will be from youngest to oldest.
4. Time Trials Recumbent divisions will begin following the oldest female rider of the standard Time Trials. Starting order will be from youngest to oldest starting with males and ending with females.
5. If a rider appears later than the appointed starting time, the start will be allowed only to the extent that in the judgment of the officials it does not interfere with other riders starting on schedule. If it does interfere, the rider may be further delayed. In case of a late start, the appointed starting time shall be used in computing results.
6. The start sheet with the starting order and appointed starting times will be available for the rider's perusal at least one hour before the start of each event.
7. The road races will be a mass start. The Event Director reserves the right to combine divisions as necessary.

SPORT RULES

1. All cycling events will be conducted in accordance with U.S. Cycling Federation (USCF) rules, except as modified herein. For a copy of these rules, visit or contact:
USA Cycling
210 USA Cycling Point, Suite 100
Colorado Springs, CO 80919
(719) 434-4200
www.usacycling.org
2. Helmets are mandatory (Ansi or Snell approved with sticker affixed).
3. Multi-gear (free wheel) bikes with front and rear brakes are required. Fixed gear and recumbent bicycles are not permitted. Recumbent bicycles may only race within the 5K and 10K Time

Trials Recumbent Bicycle Division. All bicycles must be certified by race officials prior to the competition.

4. There may be no protective shield, faring, or other device on any part of the bicycle (including, but not limited to, the frame, wheels, handlebars, chainwheel or accessories) that has the effect of reducing air resistance, except those allowed by the USCF. Bicycles with such modifications can be approved to participate in the 5K and 10K Time Trials Modified Bicycle Divisions ONLY. Motors are not permitted in any classification.
5. If in doubt about your qualification, check for an official ruling from the chief referee before your appointed starting time. Once the clock begins, your time is running and will not be adjusted.
6. In time trial events, the rider shall be held by an official at the start, but shall be neither restrained nor pushed.
7. Riders must stay to the right except when overtaking another rider. Failure to do so will result in disqualification.
8. In time trial events, no rider shall take pace behind another rider closer than 25 meters (80 feet) ahead, or two meters (seven feet) to the side. A rider who is observed taking pace shall receive a time penalty.
9. No restarts are permitted.

NATIONAL SENIOR GAMES QUALIFYING RULES

All first-, second-, third- and fourth-place winners at the 2014 Florida International Senior Games and State Championships will qualify for the 2015 National Senior Games.

STATE DIRECTOR

Felix Hernandez

FENCING

CATEGORIES / EVENT CODES

Epee
Foil
Sabre

STATE CHAMPIONSHIPS QUALIFYING RULES

OPEN – no qualification is necessary

ENTRY REGULATIONS

1. Divisions will be contested in accordance with USA Fencing Veteran's divisions.
2. Age determination date will be in accordance with Senior Games rules of December 31 of the competition year.
3. Men's and Women's V50+, V60+, V70+ and V80+ will be offered.
4. USA Fencing membership is required.

FORMAT

1. All events will use the National Direct Elimination format. If there are less than six participants in an event, the event will be combined by gender.
2. Any event with less than six participants (after combining by gender) will use pool play format.

SPORT RULES

1. Competition will be conducted in accordance with USA Fencing rules and regulations. For a copy of these rules, visit or contact:
USA Fencing
4065 Sinton Road, Suite 140
Colorado Springs, CO 80907
(719) 866-4511
www.usfencing.org
2. All equipment must meet current USFA requirements. Masks and Lames will be inspected.
3. Electric Sabres will be used.
4. Sweat pants are prohibited.

NATIONAL SENIOR GAMES QUALIFYING RULES

Fencing is not part of the National Senior Games program.

STATE DIRECTOR

Brian Harper (352) 262-0184
coachharper@gmail.com

GOLF

EVENTS

18 Holes – Scratch

STATE CHAMPIONSHIPS QUALIFYING RULES

Top 5 in each age group at Local Games Qualifying site. (Note: qualifying is only applicable to the State Championships – Florida resident divisions).

ENTRY REGULATIONS

1. Golfers must provide their own clubs and balls.
2. Golf cart use during official competition is mandatory.
3. Foursome assignments will be made by event director.
4. PGA members may compete as long as they are not on the PGA Tour and adhere to the definition of a professional. The Florida Sports Foundation has the right to determine professional status.

FORMAT

The tournament will be 18-hole medal play. Handicaps are not used.

SPORT RULES

1. This tournament will be conducted in accordance with United States Golf Association (USGA) rules, except as modified herein. For a copy of these rules, please visit or contact:

United States Golf Association

P.O. Box 708

Far Hills, NJ 07931

(908) 234-2300

www.usga.org

2. Local rules will also be in effect.
3. Caddies are not permitted.
4. Spectators are permitted on the course; however, they will be required to walk. Spectators must remain at least 25 feet away from tee boxes, fairways and greens.
5. USGA rules regarding coaching will be strictly enforced.
6. USGA rules regarding pace of play will be observed.
7. Range finders of any type are permitted.
8. In the event of a tie between 1st, 2nd and 3rd place, the USGA tie-breaking procedure of matching scorecards will be implemented. The player with the best score on the last nine holes will win the higher medal. If players have the same score for the last 9 holes, the last 6 holes will be compared, then 3 holes and then finally the 18th hole.

NATIONAL SENIOR GAMES QUALIFYING RULES

All first place winners or athletes meeting this sport's NSGA minimum performance standards in competition at the 2014 Florida International Senior Games and State Championships will qualify for the 2015 National Senior Games. Nine-hole gross scores are permitted only for those 90 and older.

NSGA MINIMUM PERFORMANCE STANDARDS
SUBJECT TO CHANGE
CHECK WWW.NSGA.COM FOR CURRENT STANDARDS

Division	Tees	Slope	Qualifying Score
M 50-54	Green	119	77
M 55-59	Green	119	78
M 60-64	Green	119	79
M 65-69	White	116	80
M 70-74	White	116	82
M 75-79	White	116	86
M 80-84	White	116	89
M 85-89	White	116	99
M 90+	White	116	50* 9 hole score

Division	Tees	Slope	Qualifying Score
W 50-54	Red	119	91
W 55-59	Red	119	92
W 60-64	Red	119	93
W 65-69	Red	119	96
W 70-74	Red	119	98
W 75-79	Red	119	102
W 80-84	Red	119	109
W 85-89	Red	119	114
W 90+	Red	119	59* 9 hole score

HORSESHOES

EVENTS

Singles

Non-Ambulatory Singles

STATE CHAMPIONSHIPS QUALIFYING RULES

Top 5 in each age group at Local Games Qualifying site. (Note: qualifying is only applicable to the State Championships – Florida resident divisions). Non-Ambulatory events do not require qualifying.

ENTRY REGULATIONS

Competitors must provide their own horseshoes, however the Event Director reserves the right to inspect equipment.

FORMAT

1. If numbers are conducive, athletes will be divided into pools within their age divisions. Within each pool a preliminary single round-robin tournament will be played. At the conclusion of the preliminary round robin, the top eight players will advance and play a single round-robin championship final. If entries are not conducive, a double round robin tournament will be played within the age division. If pools are not of even numbers, the average score per game will be used. The top eight players based on total points or average points will advance to the championship finals.
2. If numbers are conducive, all rounds will be conducted using count-all scoring with five bonus points awarded for each match won. Matches will continue until each player has pitched 30 shoes. If the score is tied after 30 shoes are pitched, four additional shoes shall be pitched to determine which player shall be awarded the five bonus points. Additional sets of four shoes shall continue to be pitched until the winner is determined. Final scores reported shall be scores after 30 shoes.
3. The tournament director reserves the right to change the format to cancellation scoring based on total number of athletes in a division.
4. In the championship rounds, all ties will be played off for the medal positions.

SPORT RULES

1. All matches will be conducted in accordance with National Horseshoe Pitcher's Association (NHPA) rules, except as modified herein. For a copy of these rules, please write or call:
National Horseshoe Pitcher's Association
3085 76th Street
Franksville, WI 53126
(262) 835-9108
www.horseshoepitching.com
2. Shoes shall be pitched from alternate ends of the court 40 feet apart except as modified herein. Women 50-74 will pitch a minimum distance of 30 feet. Women in divisions 75+ will pitch a minimum distance of 20 feet. Men 50-69 will pitch a distance of 40 feet. Men in divisions 70+ will pitch a minimum distance of 30 feet. Age and distance determined by December 31 of this year.
3. For Non-Ambulatory events, competition will use a standard court, but the pitching distance for women and men will be 20 feet.
4. For Non-Ambulatory events, the athlete must be seated in their wheelchair or scooter for the entire duration of competition.
5. A match will consist of one game.
6. Players will match shoes to determine who pitches first.

7. A 15-minute default time will be enforced. For default matches in preliminary rounds, the remaining player will pitch 30 shoes to determine their score and be awarded the five bonus points.
8. The pitcher must stand on one of the pitching platforms. Players may use the platform on either side of the court. Feet must stay behind the foul line and within the platform limits until the shoe has left the pitcher's hand. When not pitching, the opponent shall stand quietly and stationary on or behind the same court's opposite pitching platform and at least two feet (2') behind the contestant who is pitching from the same or adjacent court. Such an offense incurs a loss of score in that inning. No player may walk to the opposite stake, or be informed of the position of the shoes before an inning is complete. Once thrown, shoes may not be moved or touched until the scores have been decided. Such an offense incurs a loss of score for that player in that inning.
9. Shoes must be within six inches of the stake to score. A shoe that first strikes the ground outside the target area or rebounds from the backboard cannot be scored, nor can any shoe thrown from an invalid position. Such shoes may be removed from the target area on the request of the opponent. A shoe landing in the area and breaking is not scored; it is removed and another pitch taken. A "ringer" is a shoe that encircles the stake so that a straight edge could touch the two tips of the horseshoe without touching the stake.

NATIONAL SENIOR GAMES QUALIFYING RULES

All first-, second-, third- and fourth-place winners at the 2014 Florida International Senior Games and State Championships will qualify for the 2015 National Senior Games.

PICKLEBALL

EVENTS

Singles

Doubles

Mixed Doubles

STATE CHAMPIONSHIPS QUALIFYING RULES

Top 5 in each age group at Local Games Qualifying site. (Note: qualifying is only applicable to the State Championships – Florida resident divisions).

ENTRY REGULATIONS

1. The age division of competition for Doubles and Mixed Doubles will be determined by the younger age of the two partners.
2. Competitors must bring their own paddles. Pickleballs will be provided.

FORMAT

1. Double elimination is planned. Event Director reserves the right to modify format based on number of tournament entries.
2. Best two out of three games.
3. Games are played to 11 points, but must continue until one player or team achieves a two-point margin.
3. Teams and players will not be seeded. Brackets will be determined by a random draw.
4. Any event (age class) which does not have at least two entries (teams or individuals) may be combined with another division or cancelled at the discretion of the Event Director.

SPORTS RULES

1. All matches will be conducted in accordance with USA Pickleball Association (USAPA)/ International Federation of Pickleball (IFP) rules found online at www.usapa.org.
USA Pickleball Association
P.O. Box 7354
Surprise AZ 85374
www.usapa.org
2. A coin flip will determine first choice of service or side. If the winner chooses to serve or receive, the loser picks starting side. If the winner chooses starting side, the loser chooses to serve or receive. Sides and initial service will be switched upon completion of each game. Sides will be switched in a third game (if the match is 2 out of 3 games) after the first team reaches a score of 6 points. Serve remains with the player holding serve.
3. All questionable calls must be resolved in favor of the opponent.
4. Served balls clearing the non-volley zone and landing on any service court line except the non-volley zone line are good.
5. Balls in play landing on any side or back court line are good.
6. All serves must be made underhand at or below the servers waist (i.e. contact with the ball must be made at or below the server's waist). Underhand is defined as the paddle head shall be below the hand when striking the ball.
7. Players will be responsible for calling their own lines up until at least the final match in each age class. Line officials may be provided for the final match in each age class at the discretion of the Event Director.
8. Format changes are at the discretion of the Event Director.
9. When net systems have a horizontal bar that may include a center base, and the ball hits the horizontal bar or the center base before going over the net, it is a fault. If the ball goes over the

net and then hits the horizontal bar, the ball is still in play. If the ball goes over the net and then hits the center base or the ball gets caught between the net and the horizontal bar before touching the court, it is a let and must be replayed.

NATIONAL SENIOR GAMES QUALIFYING RULES

1. All first-, second, third- and fourth-place winners at the 2014 Florida International Senior Games and State Championships will qualify for the 2015 National Senior Games.
2. Athletes must qualify in each Pickleball event (singles, doubles and mixed doubles) in which they wish to compete at the 2015 National Senior Games except where Rule E applies.

POWERLIFTING

CATEGORIES / EVENT CODES

Bench Press

Dead Lift

Bench Press – Raw / Unequipped

Dead Lift – Raw / Unequipped

STATE CHAMPIONSHIPS QUALIFYING RULES

OPEN – no qualification is necessary

ENTRY REGULATIONS

5. Divisions will be contested in accordance with Senior Games five-year age increments starting 50-54 through 100+.
6. USA Powerlifting membership is required at the State Championships.
7. Proof of age will be required at weigh-in (birth certificate w/ picture I.D., Driver's License or State I.D.).

FORMAT

1. Each division will be divided into weight classes as follows:
Men (lbs.)
114, 123, 132, 148, 165, 181, 198, 220, 242, 275, & SHW
Women (lbs.)
97, 105, 114, 123, 132, 148, 165, 181, 198, 198+
2. Each division will be divided into age groups in accordance with Florida International Senior Games & State Championships Rules of Competition.
3. Each athlete shall be granted three (3) attempts in the bench press competition.
4. Raw/Unequipped Lifting is defined as: Non-supportive singlet, wrist wraps, and knee wraps only.
5. State Championship competition will be drug tested.

SPORT RULES

Competition will be conducted in accordance with all USAPL/IPF rules and regulations. These rules can be found online at: http://www.powerlifting-ipf.com/ipf_technical_rulebook.htm

NATIONAL SENIOR GAMES QUALIFYING RULES

Powerlifting is not part of the National Senior Games program.

STATE DIRECTOR

Robert Keller (954) 790-2249 or rhk@verizon.net

Florida Website: www.geocities.com/floridausapl

POWER WALK

EVENTS

5K Power Walk

STATE CHAMPIONSHIPS QUALIFYING RULES

OPEN – no qualification is necessary

FORMAT

1. A 3.1 paved surface course will be used and split times will be provided.
2. Athletes may not enter the 5K Race Walk or Road Race when competing in Power Walk.

SPORT RULES

1. Power Walk will be a judged competition whereas disqualification will result when athletes are judged to be running (both feet off the ground at the same time).
2. Power Walk is a progression of steps so taken that the walker makes contact with the ground in that no visible (to the human eye) loss of foot-to-ground contact occurs. One foot must be in contact with the ground at all times.
3. The athlete's knees may be bent.
4. No advantage shall be gained by sliding or shuffling along the course.
5. Power Walk athletes must not wear clothing that could impede the view of the judges.
6. Power Walk race numbers must be worn on the front and back and must be visible at all times.
7. Competitors must pass through the entire finish chute to qualify as an official finisher.

NATIONAL SENIOR GAMES QUALIFYING RULES

Power Walk is not a part of the National Senior Games program.

RACE WALK

EVENTS

1500m Race Walk

5K Race Walk (USATF Rules)

STATE CHAMPIONSHIPS QUALIFYING RULES

OPEN – no qualification is necessary

FORMAT

1. 5K Race Walk - A 3.1 mile paved surface course will be used and split times will be provided.
2. 1500 Meter Race Walk– Timed final on the track.

SPORT RULES

1. Race Walk events will be conducted in accordance with USA Track & Field (USATF) rules, except as modified herein. For a copy of these rules, please visit or contact:

USA Track & Field
132 East Washington Street, Suite 800
Indianapolis, IN 46204
(317) 261-0500
www.usatf.org

2. Race Walk athletes must use proper race walking techniques or risk disqualification.
3. Race Walk athletes must not wear clothing that could impede the view of the judges.
4. Race Walk race numbers must be worn on the front and back and must be visible at all times.
5. 5K competitors must pass through the entire finish chute to qualify as an official finisher.

NATIONAL SENIOR GAMES QUALIFYING RULES

All first-, second-, third- and fourth-place winners or athletes meeting this sport's NSGA minimum performance standards in competition at the 2014 Florida International Senior Games and State Championships will qualify for the 2015 National Senior Games.

NSGA MINIMUM PERFORMANCE STANDARDS

SUBJECT TO CHANGE

CHECK WWW.NSGA.COM FOR CURRENT STANDARDS

RACE WALK MINIMUM PERFORMANCE STANDARDS

Men	1500m	5000m	Women	1500m	5000m
50-54	8:25	30:30	50-54	9:55	35:35
55-59	8:43	31:21	55-59	10:12	36:13
60-64	9:00	32:15	60-64	10:21	37:05
65-69	9:34	34:14	65-69	10:51	37:56
70-74	10:06	36:48	70-74	11:26	42:26
75-79	11:12	39:10	75-79	12:43	43:00
80-84	13:04	46:39	80-84	14:08	48:44
85-89	16:21	53:10	85-89	18:16	55:30
90+	17:19	53:10	90+	18:16	55:30

RACQUETBALL

EVENTS

Singles

Doubles

Mixed Doubles

STATE CHAMPIONSHIPS QUALIFYING RULES

OPEN – no qualifying is necessary

ENTRY REGULATIONS

1. USRA approved lensed eyewear designed for racquet sports is mandatory.
2. The age division for Doubles will be determined by the younger of the two partners.
3. Athletes may compete with only one partner per event.
4. Athletes must provide their own racquets. Balls will be provided.

FORMAT

1. Round robin format when possible.
2. Players will be guaranteed two matches in each event entered.
3. Matches will be best of three games.
4. Games to 15 points with third game to 11 points, if necessary.
5. Indoor, air-conditioned courts will be used.
6. Event director reserves the right to modify the format to best suit the competition.

SPORT RULES

All matches will be conducted in accordance with United States Racquetball Association (USRA) rules, except as modified herein. For a copy of these rules, please visit or contact:

United States Racquetball Association
1685 West Uintah Street
Colorado Springs, CO 80904
(719) 635-5396
www.usra.org

NATIONAL SENIOR GAMES QUALIFYING RULES

1. All first-, second-, third- and fourth-place winners at the 2014 Florida International Senior Games & State Championships will qualify for the 2015 National Senior Games.
2. Athletes must qualify in each racquetball event (singles, doubles and mixed doubles) in which they wish to compete at the 2015 National Senior Games, except when Rule E applies.

ROAD RACE

EVENTS

5K Road Race
10K Road Race

NOTE!
5K ROAD RACE WILL BE
OPEN TO ALL AGES!

FLORIDA SENIOR GAMES QUALIFYING RULES

OPEN – qualifying is not necessary

FORMAT

1. All age divisions will run simultaneously.
2. A USATF Certified 3.1 mile paved surface course will be used for the 5K. Split times will be provided.
3. A USATF Certified 6.2 mile paved surface course will be used for the 10K. Split times will be provided.

SPORT RULES

1. All road race events will be conducted in accordance with USA Track & Field (USATF) rules, except as modified herein. For a copy of these rules, please visit or contact:

USA Track & Field
132 East Washington Street, Suite 800
Indianapolis, IN 46204
(317) 261-0500
www.usatf.org

2. Race numbers must be worn and visible at all times.
3. Competitors must pass through the entire finish chute to qualify as an official finisher.

NATIONAL SENIOR GAMES QUALIFYING RULES

All first-, second-, third- and fourth-place winners or athletes meeting this sport's NSGA minimum performance standards in competition at the 2014 Florida International Senior Games and State Championships will qualify for the 2015 National Senior Games.

NSGA MINIMUM PERFORMANCE STANDARDS

SUBJECT TO CHANGE

CHECK WWW.NSGA.COM FOR CURRENT STANDARDS

Men	5K	10K	Women	5K	10K
50-54	19:10	43:30	50-54	24:25	54:47
55-59	19:23	45:06	55-59	26:50	56:13
60-64	20:02	46:29	60-64	27:21	59:05
65-69	22:07	49:45	65-69	28:09	59:33
70-74	23:42	53:22	70-74	33:20	1:10:40
75-79	29:10	1:02:24	75-79	37:50	1:30:00
80-84	35:58	1:27:18	80-84	46:58	1:50:00
85-89	43:30	1:45:20	85-89	53:50	1:50:00
90+	43:30	1:45:20	90+	57:30	1:50:00

SHUFFLEBOARD EVENTS

Singles

Doubles

Non-Ambulatory Singles

STATE CHAMPIONSHIPS QUALIFYING RULES

Top 5 in each age group at Local Games Qualifying site. Participants that qualify are eligible for all Shuffleboard events. (Note: qualifying is only applicable to the State Championships – Florida resident divisions). Non-Ambulatory events do not require qualifying.

ENTRY REGULATIONS

1. Athletes may compete with only one partner per sport.
2. Doubles teams may be mixed gender. The age division of competition for Doubles will be determined by the younger age of the two partners.
3. Athletes must provide their own cues. Disks will be provided.

FORMAT

If numbers are conducive, athletes will be divided into pools within their age divisions and play a round robin. If there is only one pool, the first, second and third place winners will be determined at the completion of the round robin (after any ties are broken). If there is more than one pool, the first and second place team/persons will advance to a single elimination tournament. If entries are not conducive, a double-elimination tournament will be played within the age division.

SPORT RULES

1. All shuffleboard matches will be conducted in accordance with National Shuffleboard Association (NSA) rules, except as modified herein. For a copy of these rules, please visit or contact:

National Shuffleboard Association
Sandi Quinn, President
2712 S. International Boulevard #56
Weslaco, Texas 78596
Sequinn1@hotmail.com
www.national-shuffleboard-association.us

Florida Shuffleboard Association
www.fsa-shuffleboard.org

2. For Non-Ambulatory events, the tournament director has the option of moving the foul lines closer to allow the athletes a shorter court.
3. For Non-Ambulatory events, the athlete must be seated in their wheelchair or scooter for the entire duration of competition.
4. Singles matches will consist of 12 frames. Players will change color after 6 frames, but not ends. In case of a tie, two frames will be played.
5. Two matches will be played on one court at the same time. Opposing players will play from the same end of the court. Players will not change ends after any frame.
6. Doubles matches will consist of 16 frames. Partners will play from opposite ends of the court. Each partner shall complete eight frames. Players will not switch ends after at any time after the start of the match. Teams will change color after 8 frames. The team with the highest point score at the end of 16 total frames will be the winner. In case of a tie, the number of average points per game of the tied teams will determine place.

7. The cue shall not have an overall length of more than 6' -3". No metal part of the cue shall touch the playing surface.
8. Each player will have four disks for practice before the start of each match.

NATIONAL SENIOR GAMES QUALIFYING RULES

1. All first-, second-, third- and fourth-place winners at the 2014 Florida International Senior Games & State Championships will qualify for the 2015 National Senior Games.
2. Athletes must qualify in each shuffleboard event (singles, doubles) in which they wish to compete at the 2015 National Senior Games, except when Rule E applies.

SWIMMING

EVENTS

50-yard Backstroke
100-yard Backstroke
200-yard Backstroke
50-yard Breaststroke
100-yard Breaststroke
200-yard Breaststroke
50-yard Butterfly
100-yard Butterfly
50-yard Freestyle
100-yard Freestyle
200-yard Freestyle
200-yard Freestyle Relay (not a qualifying event)
500-yard Freestyle
100-yard Individual Medley
200-yard Individual Medley
200-yard Individual Medley Relay (not a qualifying event)

STATE CHAMPIONSHIPS QUALIFYING RULES

Top 5 in each age group at Local Games Qualifying site. Participants that qualify are eligible for all events Swimming. (Note: qualifying is only applicable to the State Championships – Florida resident divisions).

ENTRY REGULATIONS

1. Swimmers may enter a maximum of six individual events.
2. Swimmers must provide their own suits, caps, goggles, towels, etc.

FORMAT

1. All swimming events will be timed finals.
2. Warm-up time will be available.
3. Events will be competed in a 25-yard heated outdoor pool.

SPORT RULES

1. This meet will be conducted in accordance with United States Masters Swimming (USMS) rules, except as modified herein. For a copy of these rules, please visit or contact:

U.S. Masters Swimming, Inc.
655 North Tamiami Trail
Sarasota, FL 34236
(941) 256-8767
(800) 550-7946
www.usms.org

For Sanctions Contact: Joan Campbell
FL LMSC Senior Games Liaison
802 Old Mill Pond Road
Palm Harbor, Florida 34683
Tel: 727-938-7181
jcampb10@tampabay.rr.com
www.floridalmsc.org

The major points of the rules include:

- a. Starts: The forward start may be taken from the starting blocks, the pool deck or a push from the wall. The Backstroke start is taken from the wall. A false start will result in disqualification.
 - b. Turns: The Breaststroke and Butterfly turns must be done with both hands touching the wall simultaneously. The Backstroke and Freestyle events require some part of the body to touch the wall.
 - c. Backstroke: There are no rules pertaining to arm or leg movements. The swimmer is allowed to turn over on his/her stomach during the turn prior to touching the wall.
 - d. Breaststroke: Appropriate stroke is required. After the start and after each turn, a single butterfly (dolphin) kick, which must be followed by a breaststroke kick, is permitted during or at the completion of the first arm pull, following which, all movements of the legs shall be simultaneous and in the same horizontal plane without alternating movement.
 - e. Butterfly: The appropriate stroke is required. The breaststroke or whip kick may be used exclusively or interchangeably with the dolphin kick while doing the butterfly stroke at any time during the race.
 - f. Freestyle: Swimmers must touch the wall at each turn and at the finish. Any stroke may be used and swimmers may switch strokes whenever they wish, except that in an individual medley event, freestyle means any stroke other than butterfly, breaststroke or backstroke.
 - g. Medley: The order of strokes in the Individual Medley is Butterfly, Backstroke, Breaststroke and Freestyle. Rules for the individual strokes govern strokes and turns.
 - h. General: Any swimmer who uses improper methods in order to obtain an advantage over his/her competition will be disqualified from that event.
2. Relay team age divisions will be determined by the age of the youngest team member as of December 31 of the competition year.
 3. All swimsuits must conform with USMS Code of Regulations and Rules of Competition.

NATIONAL SENIOR GAMES QUALIFYING RULES

All first-, second-, third- and fourth-place winners or athletes meeting this sport's NSGA minimum performance standards in competition at the 2014 Florida International Senior Games & State Championships will qualify for the 2015 National Senior Games.

**NSGA MINIMUM PERFORMANCE STANDARD
SUBJECT TO CHANGE
CHECK WWW.NSGA.COM FOR CURRENT STANDARDS**

50- Yard Backstroke				100- Yard Backstroke			
Men		Women		Men		Women	
50-54	:34.45	50-54	:41.40	50-54	1:26.33	50-54	1:33.00
55-59	:36.33	55-59	:41.40	55-59	1:26.33	55-59	1:33.00
60-64	:36.33	60-64	:44.47	60-64	1:26.33	60-64	1:44.67
65-69	:42.30	65-69	:49.41	65-69	1:31.70	65-69	1:49.24
70-74	:45.20	70-74	:50.60	70-74	1:43.85	70-74	1:53.22
75-79	:50.10	75-79	1:00.10	75-79	1:54.44	75-79	2:16.10
80-84	53.16	80-84	1:08.85	80-84	2:01.77	80-84	2:35.13
85-89	1:23.48	85-89	1:34.90	85-89	3:33.40	85-89	4:17.20
90+	1:50.80	90+	2:25.20	90+	4:25.20	90+	5:45.90

SWIMMING MINIMUM PERFORMANCE STANDARDS (continued)

200-Yard Backstroke

Men		Women	
50-54	3:09.90	50-54	3:07.60
55-59	3:09.90	55-59	3:07.60
60-64	3:09.90	60-64	3:59.20
65-69	3:26.30	65-69	4:21.20
70-74	3:52.17	70-74	4:22.80
75-79	4:12.90	75-79	4:52.00
80-84	4:35.70	80-84	5:31.20
85-89	10:35.90	85-89	10:44.80
90+	10:35.90	90+	10:44.80

50-Yard Breaststroke

Men		Women	
50-54	:36.50	50-54	:47.40
55-59	:36.90	55-59	:47.40
60-64	:37.80	60-64	:49.11
65-69	:42.66	65-69	:55.10
70-74	:45.29	70-74	:57.42
75-79	:51.60	75-79	1:09.80
80-84	:58.60	80-84	1:19.70
85-89	1:26.80	85-89	2:28.70
90+	1:36.20	90+	3:29.90

100-Yard Breaststroke

Men		Women	
50-54	1:22.70	50-54	1:43.30
55-59	1:22.70	55-59	1:43.30
60-64	1:26.70	60-64	1:46.80
65-69	1:35.74	65-69	2:01.20
70-74	1:44.20	70-74	2:12.20
75-79	1:52.95	75-79	2:39.00
80-84	2:21.20	80-84	2:45.00
85-89	4:56.60	85-89	5:45.90
90+	5:29.50	90+	5:45.90

200-Yard Breaststroke

Men		Women	
50-54	3:08.40	50-54	3:52.79
55-59	3:09.80	55-59	3:52.79
60-64	3:14.94	60-64	4:04.32
65-69	3:39.40	65-69	4:32.90
70-74	3:53.72	70-74	4:44.41
75-79	4:18.58	75-79	5:43.59
80-84	6:13.00	80-84	7:34.20
85-89	12:03.60	85-89	12:47.90
90+	12:03.60	90+	12:47.90

100-Yard Individual Medley

Men		Women	
50-54	1:13.21	50-54	1:26.70
55-59	1:16.00	55-59	1:26.70
60-64	1:18.32	60-64	1:34.14
65-69	1:24.80	65-69	1:52.30
70-74	1:39.10	70-74	2:00.10
75-79	1:48.90	75-79	2:25.40
80-84	2:17.30	80-84	2:54.50
85-89	4:16.60	85-89	5:25.60
90+	4:16.60	90+	5:25.60

200-Yard Individual Medley

Men		Women	
50-54	2:54.40	50-54	3:08.99
55-59	2:54.80	55-59	3:12.15
60-64	2:58.28	60-64	3:47.16
65-69	3:36.83	65-69	4:26.41
70-74	3:42.80	70-74	4:34.47
75-79	4:10.90	75-79	5:15.30
80-84	7:57.00	80-84	8:52.60
85-89	9:30.10	85-89	12:02.80
90+	9:30.10	90+	12:02.80

50-Yard Butterfly

Men		Women	
50-54	:30.07	50-54	:37.65
55-59	:32.40	55-59	:39.10
60-64	:33.70	60-64	:42.75
65-69	:37.00	65-69	:53.69
70-74	:38.97	70-74	:58.60
75-79	:49.80	75-79	1:13.60
80-84	1:35.40	80-84	1:30.00
85-89	2:03.77	85-89	3:18.20
90+	2:18.90	90+	3:18.20

100-Yard Butterfly

Men		Women	
50-54	1:23.70	50-54	1:27.05
55-59	1:35.20	55-59	1:42.49
60-64	1:35.20	60-64	2:22.47
65-69	1:51.33	65-69	2:55.90
70-74	1:51.33	70-74	2:55.90
75-79	3:22.20	75-79	4:33.80
80-84	5:18.00	80-84	5:18.00
85-89	6:11.00	85-89	6:11.00
90+	6:11.00	90+	6:11.00

SWIMMING MINIMUM PERFORMANCE STANDARDS (continued)

50-Yard Freestyle				100-Yard Freestyle			
Men		Women		Men		Women	
50-54	:27.51	50-54	:33.08	50-54	1:03.00	50-54	1:13.70
55-59	:28.80	55-59	:34.80	55-59	1:06.00	55-59	1:16.40
60-64	:29.08	60-64	:34.80	60-64	1:06.00	60-64	1:17.85
65-69	:31.80	65-69	:40.60	65-69	1:10.84	65-69	1:33.30
70-74	:34.40	70-74	:41.40	70-74	1:17.30	70-74	1:36.60
75-79	:36.80	75-79	:48.10	75-79	1:26.30	75-79	1:50.00
80-84	:41.40	80-84	59.90	80-84	1:35.70	80-84	2:21.65
85-89	1:21.20	85-89	1:08.67	85-89	2:59.50	85-89	2:48.60
90+	1:34.95	90+	2:30.20	90+	3:43.50	90+	4:39.10

200-Yard Freestyle				500-Yard Freestyle			
Men		Women		Men		Women	
50-54	2:26.21	50-54	2:46.10	50-54	7:15.30	50-54	7:32.20
55-59	2:27.20	55-59	2:46.10	55-59	7:15.30	55-59	7:57.70
60-64	2:30.23	60-64	3:01.70	60-64	7:15.30	60-64	8:07.23
65-69	2:56.58	65-69	3:30.00	65-69	8:09.30	65-69	9:47.50
70-74	3:06.39	70-74	3:45.84	70-74	8:18.70	70-74	10:14.88
75-79	3:19.52	75-79	4:15.78	75-79	9:50.50	75-79	11:03.30
80-84	3:52.68	80-84	4:53.31	80-84	11:50.90	80-84	15:05.10
85-89	6:27.40	85-89	7:19.83	85-89	16:46.00	85-89	26:55.30
90+	7:25.00	90+	11:02.40	90+	16:46.00	90+	26:55.30

STATE DIRECTOR

Diane Dimonaco

(863) 602-4386

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TABLE TENNIS

EVENTS

Singles

Doubles

Mixed Doubles

STATE CHAMPIONSHIPS QUALIFYING RULES

Top 5 in each age group at Local Games Qualifying site. Participants that qualify are eligible for all Table Tennis events. (Note: qualifying is only applicable to the State Championships – Florida resident divisions).

ENTRY REGULATIONS

1. Players must provide their own paddles. Balls will be provided.
2. Athletes may compete with only one partner per event.
3. The age division of competition for Doubles will be determined by the younger age of the two partners. Doubles partners must be of the same gender.

FORMAT

1. For singles competition a round robin format will be utilized. For divisions with 6 or less players, each player will play each other and winners will be determined by their playing record. For divisions with 7 or more players, the division will be broken into pools, playing a preliminary round robin within the pool. Winners from each pool will advance to a single elimination tournament.
2. Round Robin format will be used for doubles and mixed doubles (same procedure as singles).
3. Play shall consist of a five game match. The winner shall be the first player to win three games.
4. The first player to score 11 points wins a game, unless both players have scored 10 points. In that situation, the serve changes each point and the winner is the first player to score a two-point lead.
5. Play shall be continuous throughout the match with a two-minute break between games.

SPORT RULES

1. The main color of a shirt, skirt or shorts, other than sleeves or collar of a shirt and trimming along side seams or near the edges, shall be clearly different from that of the ball in use.
2. The Expedite System shall not be in effect with the following exception. The Event Director may invoke the system to keep the tournament on schedule. The system may be placed in effect during a match, but must not be placed in effect in the middle of a game.
3. All matches will be conducted in accordance with USA Table Tennis (USATT) rules, except as modified herein. For a copy of these rules, please visit or contact:

USA Table Tennis
One Olympic Plaza
Colorado Springs, CO 80909
(719) 866-4583
www.usatt.org

4. Tournament Director reserves the right to change/modfy format of any event.

NATIONAL SENIOR GAMES QUALIFYING RULES

1. All first-, second-, third- and fourth-place winners at the 2014 Florida International Senior Games and State Championships will qualify for the 2015 National Senior Games.
2. Athletes must qualify in each table tennis event (singles, doubles, mixed doubles) in which they wish to compete at the 2015 National Senior Games, except when Rule E applies.

STATE DIRECTOR

Brad Woodington

(863) 370-5163 or Email: bradwoodington@gmail.com

TENNIS

EVENTS

Singles
Doubles
Mixed Doubles

STATE CHAMPIONSHIPS QUALIFYING RULES

Top 5 in each age group at Local Games Qualifying site. Participants that qualify are eligible for all Tennis events. (Note: qualifying is only applicable to the State Championships – Florida resident divisions).

ENTRY REGULATIONS

1. Athletes may compete with only one partner per event. An event is defined as Singles, Doubles or Mixed Doubles.
2. The age division of competition for Doubles will be determined by the lower age of the two partners.
3. Athletes must provide their own racquets and practice balls.
4. Participants may compete in a maximum of two events only.

FORMAT

1. Tournament format will be single elimination with first round consolation.
2. The Event Director reserves the right to modify tournament format.
3. Event Director reserves the right to modify any draw.

SPORT RULES

1. All matches will be conducted in accordance with United States Tennis Association (USTA) rules, except as modified herein. For a copy of these rules, visit or contact:
United States Tennis Association
Publications Department
70 West Red Oak Lane
White Plains, NY 10604
(914) 696-7000
www.usta.com
2. If an athlete is entered in more than one tennis event, a situation may arise wherein they will have to play more than the USTA recommended number of matches in any given day. Attempts will be made to schedule in such a manner to avoid conflicts between events. However, it is the responsibility of the athlete to make conflicts known to the Event Director with sufficient time in order to reschedule or withdraw.
3. As a principle, play should be continuous, from the time the match starts (when the first service of the match is put in play) until the match finishes.
 - a. Between points, a maximum of twenty 20 seconds are allowed. This rule does not apply while a player chases stray balls.
 - b. When players change ends at the end of a game, a maximum of 90 seconds are allowed. Between the first and second set, a maximum of 120 seconds are allowed.
 - c. However, after the first game of each set and during a tie-break game, play shall be continuous and players shall change ends without a rest.
 - d. A five-minute break between the second set and the match tie-break set, if required, is permissible.
4. Matches shall be the best of three sets using regular scoring. The first two sets are tie-break sets, first to win six games wins that set, provided there is a margin of two games won. If the score

reaches six games all, a tie-break game will be played (first to win seven points with a two point margin wins the set). In the event a third set is required, it will be a USTA Match Tie Break Set, first to win 10 games by a margin of two games. All tie-breaks will use the Coman method of rotation. Ends are changed after the first point, then every four points (i.e. rotate after 1st, 5th, 9th, 13th, points etc.), and also rotate ends at the conclusion of a set tie break.

NATIONAL SENIOR GAMES QUALIFYING RULES

1. All first-, second- and third-place winners at the 2014 Florida International Senior Games and State Championships will qualify for the 2015 National Senior Games.
2. Athletes must qualify in each tennis event (singles, doubles, mixed doubles) in which they wish to compete at the 2015 National Senior Games, except when Rule E applies.

STATE DIRECTOR

Don McCurry
(352) 237-2245
Email: dmccurry@me.com

TRACK & FIELD

EVENTS

Discus
High Jump
Javelin
Long Jump
Pole Vault
Shot Put
Triple Jump
50-meter
100-meter
200-meter
400-meter
800-meter
1500-meter
1500-meter Race Walk
4 x 100m Relay (not a qualifying event)

STATE CHAMPIONSHIPS QUALIFYING RULES

Top 5 in each age group at Local Games Qualifying site. Participants that qualify are eligible for all Track & Field events. (Note: qualifying is only applicable to the State Championships – Florida resident divisions).

ENTRY REGULATIONS

1. Runners may use running flats or 1/8” spikes. All footwear and apparel must be provided by the athlete and must comply with USATF Rule 143. All athletes must wear some type of shirt and shoes.
2. Certified implements will be provided for all events and age groups. In addition, athletes shall be permitted to use their own implements, provided they have been certified by the weigh-in official. Athletes who wish to use their own implements shall agree to all certification procedures including but not limited to, marking, impounding, etc. Athletes must provide their own vaulting poles.

FORMAT

1. All Track events are timed finals.
2. The order of events will be from oldest to youngest in running events, while field events will be on assigned order.
3. In the field events, competitors will have until the start of the next event to complete their throws or jumps.
4. All Track events will be held on a synthetic surface.

SPORT RULES

1. This meet will be conducted in accordance with USA Track & Field (USATF) rules, except as modified herein. For a copy of these rules, visit or contact:

USA Track & Field
One RCA Dome Suite 140
Indianapolis, IN 46225
(317) 261-0500
www.usatf.org

2. Following are the weights of the various implements to be used for each gender and age category:
 - Discus: M50+/1.5kg; M60+/1.0kg; W50+ 1.0 kg; W75+/.75kg
 - Javelin: M50+/700g; M60+/600g; M70+/500g; M80+/400g
W50+/500g; W75+/400g
 - Shotput: M50+/6kg; M60+/5kg; M70+/4kg; M80+/3kg; W50+/3kg;
W75+/2kg
3. The competitors must not wear clothing that could impede the view of the judges.
4. Race Walkers will be provided numbers to be worn clearly on their back in addition to a front chest number.

NATIONAL SENIOR GAMES QUALIFYING RULES

1. All first-, second-, third- and fourth-place winners or athletes meeting this sport's NSGA minimum performance standards in competition at the 2014 Florida International Senior Games and State Championships will qualify for the 2015 National Senior Games. Note: the 4 x 100m Relay is not a qualifying event.
2. Athletes that qualify for and compete in the 50,100, 200, 400 or 800 meter events at the 2015 National Senior Games will be eligible to compete in the 4x100-meter relay. Athletes cannot qualify to compete in the relay event except in this manner.

**NSGA MINIMUM PERFORMANCE STANDARD
SUBJECT TO CHANGE
CHECK WWW.NSGA.COM FOR CURRENT STANDARDS**

(Metric)

MEN'S DIVISION						
Age	50 M	100 M	200 M	400 M	800 M	1500 M
50-54	:7.92	:13.95	:28.70	1:06.20	2:32.10	5:19.00
55-59	:7.93	:14.00	:29.10	1:06.40	2:36.40	5:24.20
60-64	:8.11	:14.30	:29.80	1:07.80	2:40.20	5:35.10
65-69	:8.53	:14.70	:30.90	1:11.20	2:50.40	6:03.80
70-74	:9.06	:15.88	:32.40	1:15.13	3:05.20	6:55.62
75-79	:10.03	:16.54	:36.90	1:27.60	3:35.44	7:48.49
80-84	:11.26	:18.94	:39.79	1:43.80	4:35.40	9:40.00
85-89	:12.68	:21.59	:56.86	2:34.17	6:44.80	14:28.50
90-94	:16.54	:51.90	1:03.00	3:30.00	7:00.20	16:05.00
95+		:57.70	1:03.00	3:30.00	7:00.20	16:05.00

WOMEN'S DIVISION						
Age	50 M	100 M	200 M	400 M	800 M	1500 M
50-54	:9.19	:16.74	:35.20	1:21.60	3:10.40	6:35.10
55-59	:9.57	:17.07	:36.60	1:22.98	3:25.01	7:03.00
60-64	:9.75	:17.63	:37.57	1:35.10	3:40.80	7:17.00
65-69	:10.14	:18.40	:41.50	1:42.00	3:50.00	7:55.00
70-74	:11.06	:20.60	:44.20	1:48.20	4:29.80	9:10.00
75-79	:12.63	:21.99	:46.84	2:08.00	5:02.30	11:42.88
80-84	:15.79	:26.80	1:07.30	3:48.70	6:11.80	14:24.85
85-89	:23.83	:35.82	1:46.70	4:17.00	9:30.00	16:30.00
90+		:44.20	1:46.70	4:21.80	9:30.00	16:30.00

FIELD MINIMUM PERFORMANCE STANDARDS (Metric)

MEN'S DIVISIONS								
Age	Long Jump	High Jump	Triple Jump	Shot Put	Discus	Javelin	Pole Vault	Hammer
50-54	4.55	1.49	8.52	11.43	39.85	40.39	2.60	29.00
55-59	4.50	1.37	8.51	11.28	35.91	40.39	2.60	27.10
60-64	4.24	1.28	8.27	11.25	35.91	38.61	2.43	25.10
65-69	4.01	1.22	7.52	10.55	34.52	34.34	2.21	25.10
70-74	3.50	1.17	7.43	10.49	31.29	30.23	2.21	24.86
75-79	3.04	1.08	5.54	8.94	26.42	26.96	1.53	20.70
80-84	2.90	.95	4.29	8.72	22.73	21.29	1.00	20.00
85-89	1.51	.80	2.94	6.38	16.05	15.76	.86	16.00
90+	1.19	.66	2.00	3.92	11.58	6.81	.86	14.00

WOMEN'S DIVISIONS								
Age	Long Jump	High Jump	Triple Jump	Shot Put	Discus	Javelin	Pole Vault	Hammer
50-54	3.25	1.07	6.60	8.44	21.05	20.53	1.22	19.30
55-59	3.20	.99	4.30	7.92	20.35	19.89	1.22	19.00
60-64	3.05	.99	4.30	7.79	18.54	19.89	1.22	15.16
65-69	2.74	.95	4.29	6.83	17.45	17.73	1.22	11.11
70-74	2.43	.82	3.63	6.40	16.99	15.37	1.22	10.10
75-79	2.22	.78	3.52	6.32	15.22	13.67	1.22	9.50
80-84	1.57	.66	2.70	5.05	11.53	10.26	.91	7.00
85-89	.84	.56	2.50	3.97	6.93	5.95	.86	6.00
90+	.76	.56	2.30	2.13	3.15	4.27	.86	5.00

FIELD MINIMUM PERFORMANCE STANDARDS (English)

MEN'S DIVISIONS								
Age	Long Jump	High Jump	Triple Jump	Shot Put	Discus	Javelin	Pole Vault	Hammer
50-54	14' 11"	4' 10.5"	27' 11.5"	37' 6"	130' 9"	162' 0.5"	8' 6.25"	95' 1.75"
55-59	14' 9.25"	4' 6"	27' 11"	37' 0"	117' 9.75"	162' 0.5"	8' 6.25"	89' 2.75"
60-64	13' 11"	4' 2.5"	27' 1.5"	36' 11"	117' 9.75"	126' 8"	7' 11.5"	89' 2.75"
65-69	13' 2"	4' 0"	24' 8"	34' 7.5"	113' 3"	112' 8"	7' 3"	82' 0.25"
70-74	11' 5.75"	3' 10"	24' 4.5"	34' 5"	102' 8"	99' 2.25"	7' 3"	81' 6.75"
75-79	9' 11.75"	3' 6.5"	18' 2.25"	29' 4"	86' 8.25"	88' 5.5"	5' 0.25"	67' 11"
80-84	9' 6"	3' 1.25"	14' 1"	28' 7.25"	74' 6.75"	69' 10.25"	3' 3.5"	65' 7.25"
85-89	4' 11.5"	2' 7.5"	9' 7.75"	20' 11.25"	52' 8"	51' 8.5"	2' 10"	52' 6"
90+	3' 10.75"	2' 2"	6' 6.75"	12' 10.25"	37' 11.75"	22' 4"	2' 10"	45' 11"

WOMEN'S DIVISIONS								
Age	Long Jump	High Jump	Triple Jump	Shot Put	Discus	Javelin	Pole Vault	Hammer
50-54	10' 8"	3' 6"	21' 7.75"	27' 8.25"	69' 0.75"	67' 4.25"	4' 0"	63' 4.75"
55-59	10' 8"	3' 3"	14' 1.75"	25' 11.75"	66' 9"	65' 3"	4' 0"	62' 4"
60-64	10' 0"	3' 3"	14' 1.75"	25' 6.5"	60' 10"	65' 3"	4' 0"	49' 8.75"
65-69	9' 0"	3' 1.25"	14' 1"	22' 5"	57' 3"	58' 2"	4' 0"	36' 5.5"
70-74	7' 11.5"	2' 8.25"	11' 11"	21' 0"	55' 9"	50' 5.25"	4' 0"	33' 1.75"
75-79	7' 3.5"	2' 6.75"	11' 6.5"	20' 8.75"	49' 11.25"	44' 10.25"	4' 0"	31' 2"
80-84	5' 2"	2' 2"	8' 10.25"	16' 6.75"	37' 10"	33' 8"	2' 11.75"	22' 11.5"
85-89	2' 9"	1' 10"	8' 2.5"	13' 0.25"	22' 8.75"	19' 6.25"	2' 10"	19' 8.25"
90+	2' 6"	1' 10"	7' 6.5"	6' 11.75"	10' 4"	14' 0"	2' 10"	16' 4.75"

STATE DIRECTOR

Tony Tussing
(386) 734-6389
zmelt@cfl.rr.com

VOLLEYBALL

EVENTS

Indoor Volleyball

STATE CHAMPIONSHIPS QUALIFYING RULES

OPEN – qualifying is not necessary

ENTRY REGULATIONS

1. Team coach/manager completes and submits the team entry application.
2. Teams must be all one gender.
3. Team roster shall be limited to 15 persons, including non-playing coaches, non-playing captains and non-playing bench personnel.
4. All registration and team rules apply to non-playing coaches, non-playing captains and non-playing bench personnel. See Rule F for exceptions for non-playing personnel.
5. Athletes may compete with only one team per sport.
6. Age divisions for all team competition will be determined by the age of the youngest team member.

FORMAT

1. If numbers are conducive, teams will be divided into pools within their age divisions. Within each pool a single round-robin tournament will be played. At the conclusion of the round-robin winners will advance and play a single-elimination tournament. If entries are not conducive, a double-elimination tournament will be played within the age division.
2. Net height shall be in accordance with USA Volleyball rules.

SPORT RULES

1. All matches will be conducted in accordance with USA Volleyball (USAV) rules, except as modified herein. For a copy of these rules, please write or call:
USA Volleyball
715 South Circle Drive
Colorado Springs, CO 80910
www.usavolleyball.org
(719) 228-6800
2. Team clothing should be of like design and color. Teams must have shirts numbered both front and back.
3. A team must have at least five players present to start a game; otherwise, the game is forfeited. Teams will allowed a five-minute grace period to assemble a minimum of five players. The sixth player may enter upon arrival. In the event of injury, a team may continue/finish with a minimum of four players on the floor.
4. Teams competing with only five players shall always have three players on the front row. No service rotation penalty shall be assessed for not having six players.
5. To win the match, a team must win two out of three games.
6. In round robin play, USA Volleyball rules governing tie-breakers will be used.
7. Two Liberos are permitted and may be changed from set to set and not have to be designated for their match.

NATIONAL SENIOR GAMES QUALIFYING RULES

All first-, second- and third-place winners at the 2014 Florida International Senior Games and State Championships will qualify for the 2015 National Senior Games.