

**Mayor's Council on Fitness and Well Being**  
**Minutes for October 6, 2021 Meeting**  
*Conference Room 851, 8<sup>th</sup> Floor, Ed Ball Building, 214 N. Hogan St*



**ATTENDANCE: QUORUM OF 4 WAS ACHIEVED**

Name of Council Member	Company / Affiliation	Attended?
Mr. Terrence Freeman	COJ, City Council	No
Ms. Adele Herring	Duval County School Board	Yes
Ms. Jackie Culver (CHAIR)	Jacksonville Speech & Hearing Institute	Yes
Mr. Chandler Fussell	COJ, OED Sports and Entertainment, City of Jacksonville	No
Dr. Johnny Gaffney	COJ Council Rep, Boards & Commissions Liaison	No
<b>Dr. Heather Hausenblas [VICE CHAIR]</b>	<b>Jacksonville University</b>	No
Ms. Alicia Hinte	UF Health Jacksonville (previously Shands)	No
Ms. La'dora Taylor	Parks, Recreation & Community Svcs ( <i>Delegate of Director</i> )	No
Ms. Jennifer Martin	US Preventative Medicine	No
Mr. Mark Smilek	SOFITCO	No
Ms. Jessica Stapleton	Brooks College of Health/University of North Florida	Yes
Ms. Lauren Tomlinson	COJ, Parks, Recreation & Community Services	Yes
<b>Guests</b>		
<b>Mr. Tim Burrows</b>	<b>YMCA of Florida's First Coast</b>	
Ms. Chandra Manning	Jacksonville Speech & Hearing Center	

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**PROCEEDINGS:**

**I. Welcome**

The Meeting was called to order at 12:40 PM by Chair, Jackie Culver

**II. Approval of Minutes**

As a Quorum of 8 members was not achieved by attendance, the September draft minutes were not approved

**III. Healthy Hearing-Communication Matters**

Jackie Culver introduced Chandra Manning, Chief Operating Officer of Jacksonville Speech & Hearing Center which is a non-for profit which has been service the greater Jacksonville area for many years. They treat many different types of hearing loss such as conductive loss which is involving the outer ear, sensorineural loss which involves the inner ear. Some symptoms may include, having difficulty hearing conversation, asking to repeat conversations, misunderstanding what has been said, listening to the TV with a higher volume, Tinnitus which is ringing in the ears are a few. She stressed that early detection and treatment is important to reduce other health related issues and that it's important to be evaluated early to get proper assistance. Jacksonville Speech & Hearing will be partnering up with Duval County School Board and senior centers to do future screenings.

**IV. MCFWB Future Structure**

Jackie mentioned that she will be reaching out to other Council members to continue having them reach out to arrange for future speakers.

**VIII. Adjourn**

At 1:25 PM Chair Jackie Culver adjourned the meeting. The next regular meeting of the Mayor's Council on Fitness and Well Being will be held Wednesday, November 3<sup>rd</sup> 2021 at 12:30pm in Conference Room 851 in the Ed Ball Building at 214 N. Hogan Street.

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*Respectfully submitted by Lauren Tomlinson, Recorder*

DRAFT