



**Mayor's Council on Fitness and Well Being
Minutes for November 5, 2014 Meeting
Conference Room 851, 8th Floor, Ed Ball Building, 214 N. Hogan St**

ATTENDANCE:

Ms. Pat Alexander	Adult Services, COJ
Mr. Joseph Bergman	Sports & Entertainment, COJ
Mr. Tim Burrows	YMCA of Florida's First Coast
Ms. Terri Cicero, Vice Chairman	Duval County School Board
Ms. Nancy Crain	Baptist Health
Dr. Ellan Duke	River Hills Clinic
Ms. Tonisha Gaines	Special Events, COJ
Ms. Alicia Hinte	UF Health of Jacksonville
Mr. Christopher Lalla	Retired, US Navy
Mr. Jim Mackie	Athletic Training & Sports Medicine Services
Ms. Bernadette Overstreet	Healthy Planning Council of NE Florida
The Honorable Don Redman	City Council
Dr. Chris Robertson	Jacksonville University
Mr. Glenn Sebold	American Association of Clinical Endocrinologist
Ms. Jennifer Jones Stein	St Vincent's Health
Ms. Charlene Walker	Employee Services, City of Jacksonville
Ms. Sharon Watkins	Black Hog Farms
Dr. Audrey Wooten	Northeast Florida Medical Society
<i>Ms. Wendy L Jones, Recorder</i>	<i>City of Jacksonville</i>

Guests:

Mr. Mark Owens	SOFITCO
Ms. Patti Harris	Crowley
Ms. Madison Lambert	Black Hog Farms

PROCEEDINGS:

I. Welcome

Chairman, Bryan Campbell was unable to attend due to an emergency so Vice Chairman Terri Cicero called the meeting to order at 12:31 p.m. and no quorum at the present time. The Vice Chair welcomed all the members and guest who were in attendance.

Ms. Cicero announced that she has found it necessary that she resign from the Council because of the new position at the School Board she is going to have to resign. The School Board has a representative

on the board at all times; therefore, Ms. Heather Albritton, the new Director of Wellness will be introduced at the next meeting of the Council as replacement.

II. Let's Move Challenge Update

Ms. Tonisha Gaines reported that Jacksonville is currently a Silver level Let's Move City. February 9th is the Anniversary of Let' Move. National League of Cities has on their website an area where we can upload and put information regarding our Let's Move events and what we are doing. The Task Force for Let's Move Challenge was unable to meet because of the Chairman's absence and will be rescheduled after the first of the year.

III. Round Table

Everyone present went around and gave an update regarding happenings in their areas. A few updates are that Dr. Wooten was leaving on Saturday, November 8, 2014, for their Mission trip to Jamaica. YMCA is kicking off My 30 World Record Challenge in January. More information will be presented from them in the future and it is an initiative to have everyone go out and move for 30 minutes a day. There are many things that are going to be tied into the program.

IV. Approval of Minutes

At this point in time a quorum has been reached and Vice Chairman presented the minutes of the October 1, 2014 minutes for approval. There was one correction to the minutes that Ms. Charlene Walker was not in attendance at the October meeting and with the correction the minutes were approved.

V. Public Comments

There were no public comments.

VI. Adjournment and Next Meeting

At 12:58 p.m. Vice Chairman Terri Cicero adjourned the meeting. The next regular meeting of the Mayor's Council on Fitness and Well Being will be held Wednesday, February 4, 2015 at 12:30pm in Conference Room 851 in the Ed Ball Building at 214 N. Hogan St.

Respectfully submitted by Wendy L. Jones, Recorder